

The Kitchen

AT PICTONA

SALADS *

Super Summer Salad	Our Signature Salad: A refreshing favorite of mixed greens, strawberries, Mandarin orange segments, candied pecans, with a grilled chicken breast.	12
Chopped Salad	Tomatoes, cucumbers, bacon, chickpeas, and fresh mozzarella cheese with tender diced chicken and Italian dressing.	12
Pictona Salad	Crisp greens grown in our own garden, onion, carrot, tomato, cucumber and cheese. Add Chicken salad or grilled chicken for \$3.	7
Caesar Salad	Romaine lettuce blend with Parmesan, Cheese, Classic Caesar dressing and croutons.	7



Super Summer Salad

Did you know?
We grow our own lettuce in The Aetna Gardens !

*Add Grilled Chicken for \$3.00 or Grilled Shrimp for \$3.50 to any salad

WRAPS & TACOS

Wraps are made with whole wheat or spinach tortillas,
Served with your choice of side. Substitute brussel sprouts or a cup of soup for \$2



Shrimp Tacos

\$11

Shrimp Tacos	Two delicious tacos served with grilled or blackened shrimp, avocado ranch, & homemade pico de gallo.	11
Caesar Wrap	A light meal that hits the spot. Romaine lettuce blend with Parmesan cheese and Classic Caesar dressing wrapped in your choice of a spinach or whole wheat wrap. Heartier appetite? Add Grilled Chicken for \$3.00	8
Chicken Salad Wrap <small>*Allergy Warning: Contains Nuts</small>	Shredded chicken, Granny Smith apples, red seedless grapes & spicy pecans. A little sweet, a little spicy!	11
Turkey Club Wrap	Sliced turkey, cheddar cheese, bacon, romaine, tomato, & house-made avocado ranch dressing.	11
Buffalo Chicken Wrap	Chicken, cheddar cheese & lettuce - your choice of sauce - perfectly blended together. Hot, Medium, or Mild.	11
Veggie Wrap	A year round favorite! A blend of chopped veggies with broccoli, carrot, celery, tomato, cucumber, lettuce and our avocado ranch spread in your choice of a spinach or whole wheat wrap.	11

BURGERS & SANDWICHES

Whole Wheat or White Bread.
Served with your choice of side. Substitute brussel sprouts or a cup of soup for \$2

The Cuban	Roast pork layered with ham and Swiss cheese, dill pickles - with cuban dressing	12
Pictona Smash Burger	Two grilled hamburger patties - topped with our own special sauce, American cheese, lettuce, tomato, onion & pickle. Add bacon for \$1.	12
BBQ Bacon Smash Burger	Two grilled hamburger patties - topped with cheddar cheese, zesty BBQ Sauce, crispy bacon, and fried onions.	14
Grilled Chicken Sandwich	Fresh Grilled Chicken Breast on a toasted bun. Option: Lettuce, tomato, onion, pickle. Try it Buffalo Style!	12
Pictona Club	Classic Club sandwich of turkey, ham, bacon, and Swiss with mayo, lettuce and tomato on your choice of toasted bread.	12
Beyond Burger	Grilled 6 oz. plant based burger, served with lettuce, tomato, onion and pickles.	14
Hot Dog	An American classic - 100% jumbo beef Hebrew National from Sabret's weiner.	8



The Cuban

\$12

Consuming raw or undercooked meats, poultry, seafood and shellfish or eggs may increase your risk of foodborn illness.



Grilled Quesadilla
with Side

RICE BOWLS & QUESADILLAS

Rice Bowls	Healthy rice bowl served with grilled chicken, mixed vegetables and teriyaki or sweet and sour sauce.	11
Grilled Quesadilla	Your choice: Grilled chicken and cheese, or grilled vegetables and cheese served with fresh Pico de Gallo Served with your choice of side. Substitute brussel sprouts for \$2	12

SMOOTHIES

Inspiration	Peanut butter, banana, and chocolate syrup will help inspire you to Achieve! <i>Made with coconut milk.</i>	7
Endurance	Strawberries, bananas and coconut with a bit of honey and vanilla extract to go the distance. <i>Made with coconut milk.</i>	7
"Come Back"	Juice up with kiwi, bananas, spinach, and fruit juice to get back on track. <i>Made with coconut milk and pineapple juice.</i>	7



\$7

Delicious !
Smoothies



Pictona Wings

SNACKS AND SIDES

Pictona Wings 6 or 10 Count	Served with Mild, Medium, Hot, BBQ, Teriyaki, or Garlic Parmesan Sauce	10/16
Cheese Sticks	Traditional Italian treat. Breaded and fried mozzarella cheese with marinara or Ranch.	7
Fried Pickles	Breaded Fried Pickles with Ranch Dip! What's Pickleball without Pickles?!	7
House Chips	Your choice of dipping sauce: Ranch, Blue Cheese, Homemade Salsa	3
French Fries		3.5
Crispy Brussel Sprouts with Balsamic Glaze	6 Oz.	5
Soup: Ask about our featured soup - Cup/Bowl		3/5
Homemade Cole Slaw		3
Virginia Roasted Peanuts		2.5
Fresh Fruit: Apple or Banana		1
Nature Valley Granola Bar		1
Homemade Banana Bread		2
Chocolate Chip Cookie		2.5
Brownie		3

PIC 2

Sandwiches served GRILLED or COLD

MAIN <i>Choose 1</i>	SIDE <i>Choose 1</i>
1/2 Ham 1/2 Turkey	Homemade Cole Slaw House Chips French Fries Pictona Salad Cup of Soup + \$2 Brussels Sprouts + \$2



DRINKS

Soft Drinks: Coke, Diet Coke, Coke Zero, Minute Maid Lemonade, Sprite, Barq's Rootbeer, Iced Tea	\$3	Powerade / Powerade Zero:	\$3
Hot Chocolate:	\$2	Biolyte:	\$5
Coffee (K-Cup):	\$2.50	Biosteel:	\$5
Bottled Water:	\$2	Monster Energy Drink:	\$5





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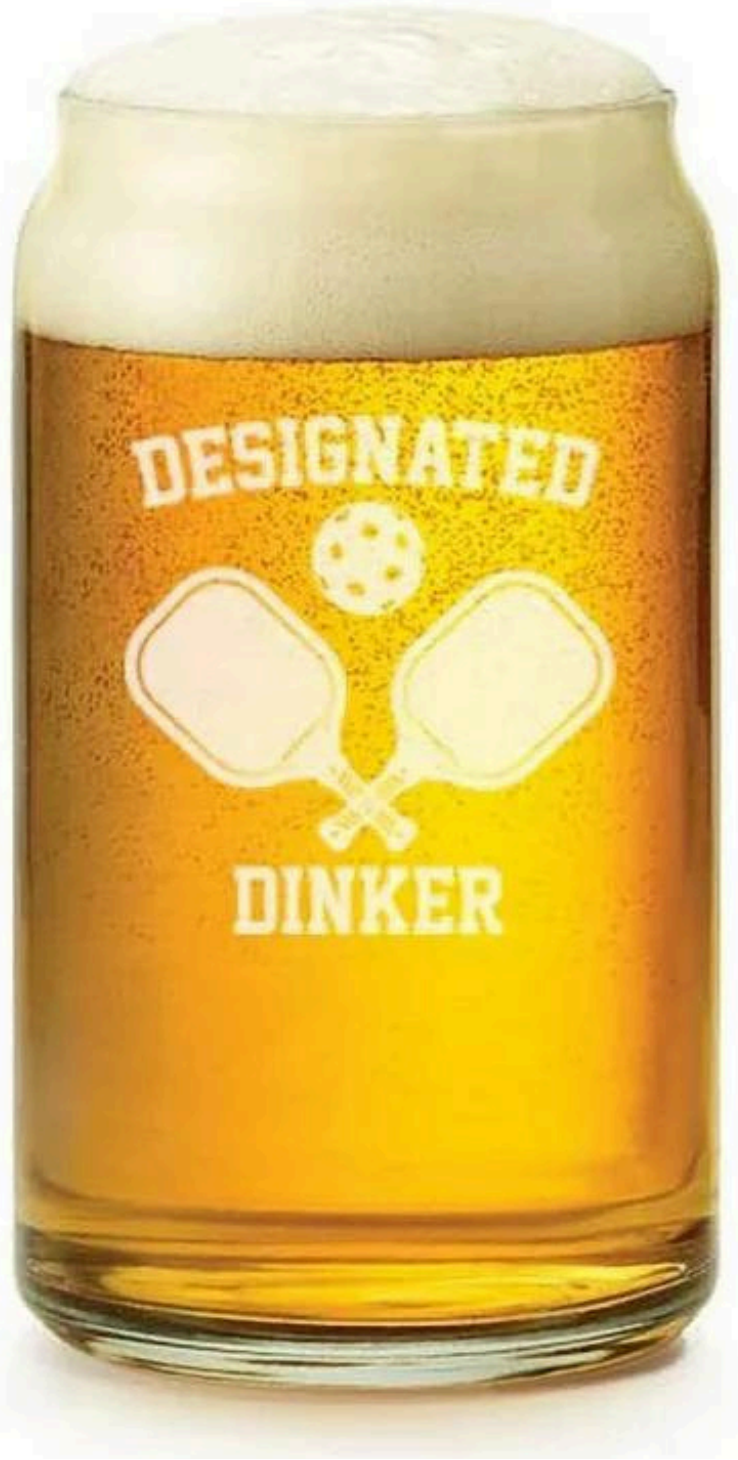
DRAFT BEER

16 Oz. Glass or 64 Oz. Pitcher

Samuel Adams Cold Snap	7/22	Miller Lite	5/15
Yuengling	5/15	Blue Moon	7/18
Modelo Especial	6/17	Beach Hippy IPA	7/18

PACKAGED BEER

Coors Lite	5
Miller Lite	5
Corona Extra	6
Beach Hippy IPA	6



Red White

WINE

	Glass	Bottle
Joy Pinot Noir	7	28
Mairena Malbec	8	33
Mairena Cabernet Sauvignon	8	33
Col Eva Chardonnay	7	28
Gabriella Pinot Grigio	7	28
Villa Andretti Sauvignon Blanc	8	33

SPECIALTIES

WINE-BASED COCKTAILS:

6

- Berry Bourbon Smash
- Front Porch Sipper
- Bourbon Orange Crush
- Summer Hummer
- Double Berry Firecracker
- Driving Miss Daisy



Vizzy Seltzer (Variety)

5



White Claw (Variety)