

# The Kitchen

AT PICTONA

## SALADS \*

<b>Super Summer Salad</b>	Our Signature Salad: A refreshing favorite of mixed greens, strawberries, Mandarin orange segments, candied pecans, with a grilled chicken breast.	<b>12</b>
<b>Chopped Salad</b>	Tomatoes, cucumbers, bacon, chickpeas, and fresh mozzarella cheese with tender diced chicken and Italian dressing.	<b>12</b>
<b>Pictona Salad</b>	Crisp greens grown in our own garden, onion, carrot, tomato, cucumber and cheese. Add Chicken salad or grilled chicken for \$3.	<b>7</b>
<b>Caesar Salad</b>	Romaine lettuce blend with Parmesan, Cheese, Classic Caesar dressing and croutons.	<b>7</b>



**Super Summer Salad**

*Did you know?*  
**We grow our own lettuce in The Aetna Gardens !**

\*Add Grilled Chicken for \$3.00 or Grilled Shrimp for \$3.50 to any salad

## WRAPS & TACOS

Wraps are made with whole wheat or spinach tortillas,  
Served with your choice of side. Substitute brussel sprouts or a cup of soup for \$2



**Shrimp Tacos**

<b>Shrimp Tacos</b>	Two delicious tacos served with grilled or blackened shrimp, avocado ranch, & homemade pico de gallo.	<b>11</b>
<b>Caesar Wrap</b>	A light meal that hits the spot. Romaine lettuce blend with Parmesan cheese and Classic Caesar dressing wrapped in your choice of a spinach or whole wheat wrap. Heartier appetite? Add Grilled Chicken for \$3.00	<b>8</b>
<b>Chicken Salad Wrap</b> <small>*Allergy Warning: Contains Nuts</small>	Shredded chicken, Granny Smith apples, red seedless grapes & spicy pecans. A little sweet, a little spicy!	<b>11</b>
<b>Turkey Club Wrap</b>	Sliced turkey, cheddar cheese, bacon, romaine, tomato, & house-made avocado ranch dressing.	<b>11</b>
<b>Buffalo Chicken Wrap</b>	Chicken, cheddar cheese & lettuce - your choice of sauce - perfectly blended together. Hot, Medium, or Mild.	<b>11</b>
<b>Veggie Wrap</b>	A year round favorite! A blend of chopped veggies with broccoli, carrot, celery, tomato, cucumber, lettuce and our avocado ranch spread in your choice of a spinach or whole wheat wrap.	<b>11</b>

## BURGERS & SANDWICHES

Whole Wheat or White Bread.  
Served with your choice of side. Substitute brussel sprouts or a cup of soup for \$2

<b>The Cuban</b>	Roast pork layered with ham and Swiss cheese, dill pickles - with cuban dressing	<b>12</b>
<b>Pictona Smash Burger</b>	Two grilled hamburger patties - topped with our own special sauce, American cheese, lettuce, tomato, onion & pickle. Add bacon for \$1.	<b>12</b>
<b>BBQ Bacon Smash Burger</b>	Two grilled hamburger patties - topped with cheddar cheese, zesty BBQ Sauce, crispy bacon, and fried onions.	<b>14</b>
<b>Grilled Chicken Sandwich</b>	Fresh Grilled Chicken Breast on a toasted bun. Option: Lettuce, tomato, onion, pickle. Try it Buffalo Style!	<b>12</b>
<b>Pictona Club</b>	Classic Club sandwich of turkey, ham, bacon, and Swiss with mayo, lettuce and tomato on your choice of toasted bread.	<b>12</b>
<b>Beyond Burger</b>	Grilled 6 oz. plant based burger, served with lettuce, tomato, onion and pickles.	<b>14</b>
<b>Hot Dog</b>	An American classic - 100% jumbo beef Hebrew National from Sabret's weiner.	<b>8</b>



**The Cuban**

**\$12**

Consuming raw or undercooked meats, poultry, seafood and shellfish or eggs may increase your risk of foodborn illness.





Grilled Quesadilla  
*with Side*

RICE BOWLS & QUESADILLAS

Rice Bowls	Healthy rice bowl served with grilled chicken, mixed vegetables and teriyaki or sweet and sour sauce.	11
Grilled Quesadilla	Your choice: Grilled chicken and cheese, or grilled vegetables and cheese served with fresh Pico de Gallo Served with your choice of side. Substitute brussel sprouts for \$2	12

SMOOTHIES

Inspiration	Peanut butter, banana, and chocolate syrup will help inspire you to Achieve! <i>Made with coconut milk.</i>	7
Endurance	Strawberries, bananas and coconut with a bit of honey and vanilla extract to go the distance. <i>Made with coconut milk.</i>	7
"Come Back"	Juice up with kiwi, bananas, spinach, and fruit juice to get back on track. <i>Made with coconut milk and pineapple juice.</i>	7



\$7

*Delicious !*  
Smoothies



Pictona Wings

SNACKS AND SIDES

Pictona Wings 6 or 10 Count	Served with Mild, Medium, Hot, BBQ, Teriyaki, or Garlic Parmesan Sauce	10/16
Cheese Sticks	Traditional Italian treat. Breaded and fried mozzarella cheese with marinara or Ranch.	7
Fried Pickles	Breaded Fried Pickles with Ranch Dip! What's Pickleball without Pickles?!	7
House Chips	Your choice of dipping sauce: Ranch, Blue Cheese, Homemade Salsa	3
French Fries		3.5
Crispy Brussel Sprouts with Balsamic Glaze	6 Oz.	5
Soup: Ask about our featured soup - Cup/Bowl		3/5
Homemade Cole Slaw		3
Virginia Roasted Peanuts		2.5
Fresh Fruit: Apple or Banana		1
Nature Valley Granola Bar		1
Homemade Banana Bread		2
Chocolate Chip Cookie		2.5
Brownie		3

PIC 2

Sandwiches served GRILLED or COLD

MAIN <i>Choose 1</i>	SIDE <i>Choose 1</i>
1/2 Ham 1/2 Turkey	Homemade Cole Slaw House Chips French Fries Pictona Salad Cup of Soup + \$2 Brussels Sprouts + \$2



DRINKS

Soft Drinks: Coke, Diet Coke, Coke Zero, Minute Maid Lemonade, Sprite, Barq's Rootbeer	\$3
Iced Tea & Hot Chocolate:	\$2
Coffee (K-Cup):	\$2.50
Bottled Water:	\$2
Powerade / Powerade Zero:	\$3
Biolyte:	\$5
Biosteel:	\$5
Monster Energy Drink:	\$5







# The Kitchen

AT PICTONA

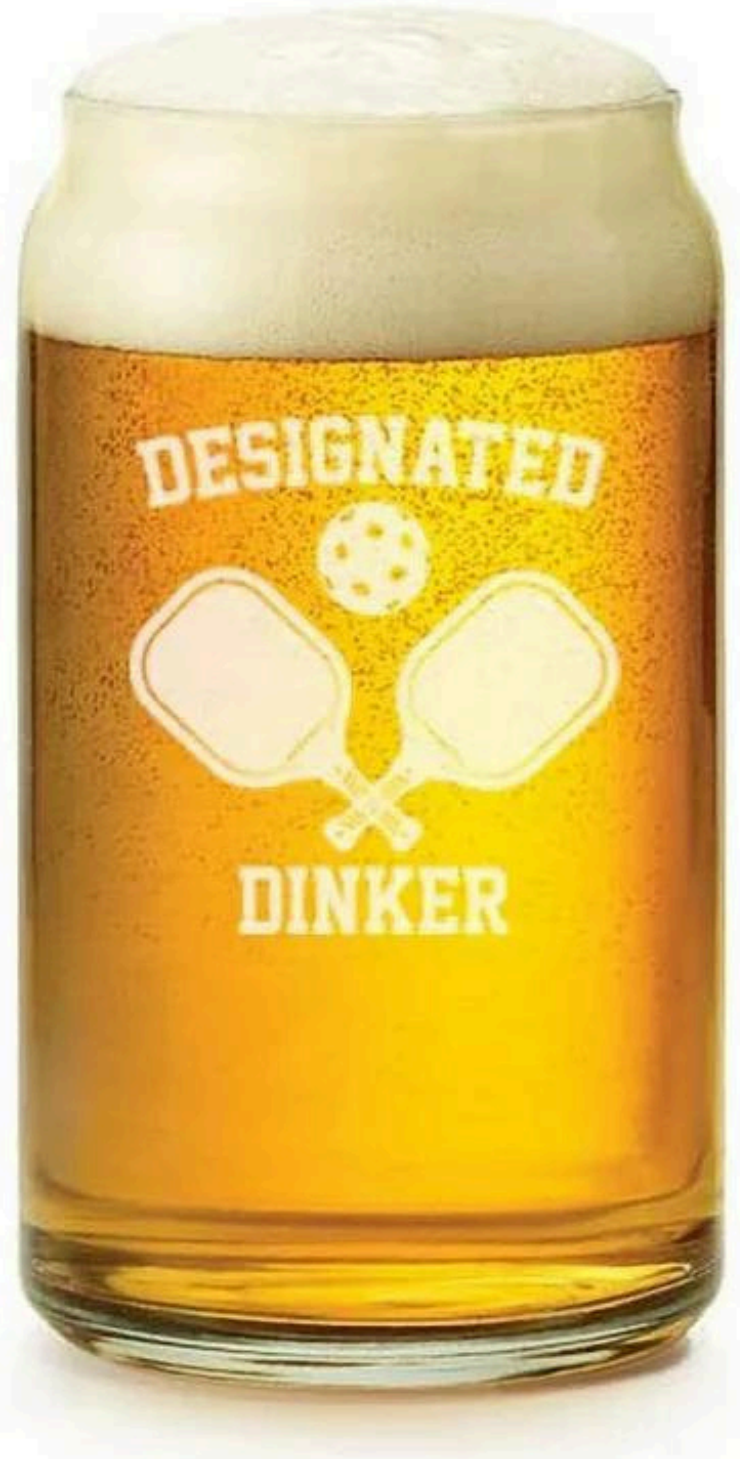
## DRAFT BEER

16 Oz. Glass or 64 Oz. Pitcher

Samuel Adams Octoberfest	7/22	Miller Lite	5/15
Yuengling	5/15	Blue Moon	7/18
Modelo Especial	6/17	Beach Hippy IPA	7/18

## PACKAGED BEER

Coors Lite	5
Miller Lite	5
Corona Extra	6
Beach Hippy IPA	6



## Red

## White

## WINE

	Glass	Bottle
Joy Pinot Noir	7	28
Mairena Malbec	8	33
Mairena Cabernet Sauvignon	8	33
Col Eva Chardonnay	7	28
Gabriella Pinot Grigio	7	28
Villa Andretti Sauvignon Blanc	8	33

## SPECIALTIES

### WINE-BASED COCKTAILS:

6

- Berry Bourbon Smash
- Front Porch Sipper
- Bourbon Orange Crush
- Summer Hummer
- Double Berry Firecracker
- Driving Miss Daisy



Vizzy Seltzer (Variety)



White Claw (Variety)

5