



November 6 - 12



Congratulations Terry Rankin! (Center)

Terry Rankin was awarded her USA Pickleball Level 2 Trained Referee credential today. Pictured are (L to R), Caroline Duncanson, Level 2 Referee; Kathy Postlewait, Certified Referee; Terry Rankin, Level 2 Referee; Walt Hooker, Level 2 Referee; and Michael Westcott, Level 2 Referee.

All four instructors are Registered Referee Trainers and Pictona

Referee Training Academy instructors. Stay tuned for future dates of the Pictona Referee Training Academy.

Aetna Medicare Reimbursement for Pictona Memberships!

Aetna 2024 Medicare Plans offer more choices...

**WOONSOCKET, R.I., Oct. 1, 2023 /PRNewswire/ -- Aetna®, a
CVS Health® company (NYSE: CVS), announces...**

(Click for entire PRNewswire Article)

**including Reimbursement on
Pickleball Annual Memberships!**

**Questions? Look for upcoming
Events in Pictona's The Kitchen Restaurant.**

Pickleball is good for the brain! Read more [HERE!](#)





JUNIORS

TYSON MCGUFFIN LEADS FREE YOUTH CLINIC

CARVANA
PPA
PICKLEBALL TOUR

TYSON MCGUFFIN
PBCAMPS

NOV 14
4-5PM
AGES 8-18

REGISTER NOW!

INFO@TYSONMCGUFFIN.COM

AT PICTONA
HOLLY HILL, FL

As part of the Hertz Gold Cup, the Carvana PPA Tour and Tyson McGuffin are happy to offer a **FREE YOUTH CLINIC** for youth ages 8-18.

- Tuesday, November 14
- 4-5pm.
- To book your spot and register today, please email info@tysonmcguffin.com

We look forward to seeing you there as the Carvana PPA Tour continues to strive toward fostering the growth and development of youth pickleball!

PICTONA HIGH SCHOOL LEAGUE CHAMPS!



Pictona High School Pickleball League Champs!

Advanced Champions:

Gold: Anna Upchurch and Rhett Albrecht

Silver: Truman McGuirk and Ofelia Stout

Bronze: LeeAnn Strong and Jenson Nord

Novice Champions:

Gold: Armando Gaitan and Ashley Longbach

Silver: Allie DeFeo and Keaton Kling

Bronze: Jackson Cup and Liam Raymond

GREAT NEWS! The Selkirk Pickleball Growth Program has selected The Pictona High School/Middle School Pickleball Leagues to receive free pickleball paddles for use in programs this year!



TOURNAMENTS



The PPA Tour is hosting the Hertz Gold Cup at Pictona from November 16-19th!

25% Discount: Simply use code **PPA25** at checkout, and you'll enjoy a substantial \$25 off your registration.

But that's not all! When you secure your spot for the Hertz Gold Cup, you'll automatically enter their VIP Experience Giveaway. **One lucky winner and their guest will enjoy a weeklong VIP experience worth \$1,500, including:**

- Reserved Court-side Seating
- Exclusive High-Profile Matches on our Championship Court
- VIP Lounge Access
- Catered Meals and Stocked Coolers of Cold Drinks
- And much more!

Use code: PPA25 for \$25 off registration! Register [HERE](#)!

Click [HERE](#) for INFO on Tickets, Parking and Schedule.

Member Play During Tournament

Court Availability:

- During the tournament members will have access to courts 1-8.
- Tournament play will be on Courts 9-44 and Championship Court.
- In the event of rain, courts 1-8 will be used for tournament play.
- Courts 1-8 are for members only and tournament players using courts 1-8 to warmup should be asked to leave

**VOLUNTEERS FOR PPA NEEDED! REGISTER
HERE!**

**BIG thank you to the 267 people who have already signed up.
We're still looking to fill 5 more positions.**



DECEMBER 3-10

EXHIBITOR OPPORTUNITIES

Over 1000 Players coming for USA Pickleball DAC!

Exhibitor Opportunities are available at the USA Pickleball Diamond International Championship with 1000+ players !! Vendors, reserve your space [HERE!](#)



Volunteers Needed

VOLUNTEERS FOR DAC NEEDED! REGISTER HERE!

We are super excited to host this nationwide qualifying USAP tournament with over 1100 registered players. Time to show off our Pictona Pride once again!

After inviting our experienced pod manager and scoreboard operator volunteers to sign up first, we now have 250 volunteer shifts left to fill.

BIG THANK YOU to our first 91 volunteers to sign up. Feel free to share this link with your pickleball loving family and friends. You DO NOT have to be a Pictona member to volunteer here.



Züca Rookie Rally - January 12-14

If the pickleball bug has bitten you recently and you are working on mastering your skills, then the Züca Rookie Rally at Pictona is a tournament just for you. It is your opportunity to play others of like skill and age in a fun round robin format. ***Team up with your partner to play men's, women's, and mixed doubles at the 2.5 and 3.0 skill level.***

Register for the Züca Rookie Rally [HERE](#).

**Register for Upcoming Tournaments at
Pictona**

You can view our full schedule of tournaments and find details, including how to register, at [this link](#).

TOURNAMENTS @ PICTONA

at HOLLY HILL

2023

- PPA TOUR - HERTZ GOLD CUP**
NOVEMBER 16-19
(PPA)
- DIAMOND AMATEUR CHAMPIONSHIPS**
DECEMBER 3-10
(USA PICKLEBALL)
- MINOR LEAGUE PB #2**
DECEMBER 15 - 18
(MLP & DUPR)

2024

- ZÜCA ROOKIE RALLY**
JANUARY 12-14
(PICTONA)
- SUBARU OF DAYTONA CHALLENGE**
MARCH 14-17
(PICTONA)
- PBX PRO-AM TOURNAMENT**
APRIL 12-14
- SUPER SENIORS TOURNAMENT**
MAY 2-5
(PICTONA)



10.31.23



POP! PLAY

PICTONA ORGANIZED PICKLEBALL



PICTONA ORGANIZED PICKLEBALL

Tired of open play?
Sign up for a POP! activity

Experience 5-6 consecutive games with players in
designated skill levels
1.0 to 4.5+

ONLY \$5 each!!!

POP! activities include:
Ladders, Mixers (youth & adult),
Tournament Practice Round Robins and Leagues




PLAY AT
PICTONA
at HOLLY HILL

November Schedule



PICTONA ORGANIZED PICKLEBALL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
OCT 29: 9am Novice Mixer 1.0-2.49 Skill Levels	8:30am 3.0-3.99 Open/Mixed Seeded Ladder 6:30pm 2.5-3.49 Open/Mixed Seeded Ladder 6:30pm 3.5-4.5+ Open Seeded Ladder	11am Women 3.0 Mixer NO NIGHT POP! HAPPY HALLOWEEN HALLOWEEN	8:30am 3.0 Women & Men Tournament Practice Round Robins 6:30pm 3.0 & 3.5 MIXED Quad Squad Team Leagues	8:30am 3.5 MIXED Mixer 6:30pm NO POP! Due to US Navy Band	NO POP!	8:30am 3.0 Women & Men Mixers 3:00pm Youth Mixer (ages 8-17) 2.0-4.0 Skill Levels
NOV 5: 9am Novice Mixer 1.0-2.49 Skill Levels	8:30am 3.0-3.99 Open/Mixed Seeded Ladder 6:30pm 2.5-3.49 Open/Mixed Seeded Ladder 6:30pm 3.5-4.5+ Open Seeded Ladder	11am Women 3.5 Mixer 6:30pm 3.0 Women & Men Tournament Practice Round Robins	8:30am 3.5 Women & Men Tournament Practice Round Robins 6:30pm. NO POP! Private Group Reserved Courts 31-44	8:30am 3.0 MIXED Mixer 6:30pm 2.5-3.49 Open/Mixed Seeded Ladder	NO POP!	NO POP! Due to Singles Mingles Group
NOV 12: NO POP! Due to Singles Mingles Group	NO POP! Due to PPA Tournament	NO POP! Due to PPA Tournament	NO POP! Due to PPA Tournament	NO POP! Due to PPA Tournament	NO POP! Due to PPA Tournament	NO POP! Due to PPA Tournament
NOV 19: NO POP! Due to PPA Tournament	8:30am NO POP! DUE TO MCGUFFIN CLINIC 6:30pm 2.5-3.49 Open/Mixed Seeded Ladder 6:30pm 3.5-4.5+ Open Seeded Ladder	8:30am NO POP! DUE TO MCGUFFIN CLINIC 6:30pm 3.0 & 3.5 MIXED Tournament Practice Round Robins	NO POP! Due to Day Before Thanksgiving	NO POP! Happy Thanksgiving 	NO POP!	8:30am 3.5 Women & Men Mixers
NOV 26: 9am Novice Mixer 1.0-2.49 Skill Levels	8:30am 3.0-3.99 Open/Mixed Seeded Ladder 6:30pm 2.5-3.49 Open/Mixed Seeded Ladder 6:30pm 3.5-4.5+ Open Seeded Ladder	11am Women 3.0 Mixer 6:30pm Family Adult/Youth Mixer (ages 6-17) Team Mixer Competition	8:30am 3.0 & 3.5 MIXED Tournament Practice Round Robins 6:30pm 3.0 & 3.5 MIXED Quad Squad Team Leagues	9:00am Senior (50+) 3.0, 3.5 & 4.0+ MIXED Quad Squad Team Leagues 6:30pm 2.5-3.49 Open/Mixed Seeded Ladder	NO POP!	NO POP! Due to High School Pickleball Tournament

4 Week
League

PICTONA
at HOLLY HILL

THE QUAD SQUAD TEAM LEAGUE

50+
Senior



Thursday Mornings

Nov 30, Dec 14, 21 & 28

Registration opens November 7

9:00 - 11:00 am

Mixed 3.0 & Mixed 3.5 & Mixed 4.0+

- Each league will each consist of **ONLY** four teams (2 women/2 men per team)
- Every player must sign up individually and list their **TEAM NAME**.
- **EACH** team **MUST** secure their own subs (they do not pay league fee)
- League fee is included in your Annual Plus Membership, otherwise \$20 per player
- Non-Members: Must visit the Player's Shop to have their 10 Pass Card punched or pay the daily rate of \$15 (this fee is not included in the \$20 per player League Fee)

Questions?

Email Hali @ Halip@pictona.org or text (321) 298.4615

[Click here to register for any POP! Event](#)



INSTRUCTIONAL PROGRAMS



Pickleball Minute - Defending the Wide Dink Shot

Tired of missing those wide cross court dink shots? You may be trying to do too much. This video will give you an alternative landing spot when returning those difficult shots!

Interested in taking a pickleball course at Pictona and learning more? Check out our educational offerings [HERE](#).



THE KITCHEN AT PICTONA

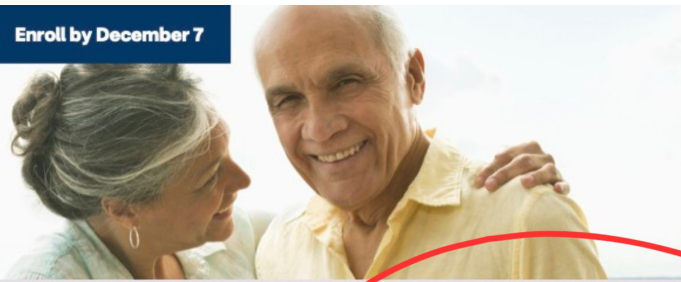


NEXT WEEK'S SPECIAL - Slow-roasted bbq pork sandwich with shoestring potatoes and pickles.



EVENTS

Enroll by December 7



RSVP For
your spot
today!

Please join us at
Aetna Medicare Sales seminar

The Kitchen at Pictona of Holly Hill
Friday, November 10th
11am - 12pm

Choosing the right Medicare coverage is important. We're here to help.

Please join us for a FREE, no-obligation sales seminar event where you will learn how Medicare works, get answers to your questions and find out what coverage and benefit options are available in your area.



Linda DiGioia
407-448-7194
ld@graceagency.org

Aetna Medicare Sales Seminar

Free no-obligation seminar event.

- Friday, November 10th
- 11am - 12pm
- Located in The Kitchen at Pictona

RSVP to Linda DiGioia at ld@graceagency.org
or by calling 407-448-7194.

TYSONMcGUFFIN
Signature
PBCAMPS
Holly Hill, Florida
NOVEMBER 20-21

8:1 ratio
12 hours on court instruction
Certified pros
1 and 2-day options
Level-specific curriculum
PPA-partnered camp


Lead Pro,
Kyle McKenzie

PICTONA
at HOLLY HILL

WWW.TYSONMCGUFFIN.COM

Tyson McGuffin Camps - November 20-21

The Tyson McGuffin Signature Pickleball Camp is returning to Pictona November 20-21, 2023!
For more information click [HERE](#).



A festive poster for a social mixer event. At the top, a large '002' is formed by a dog's head in the first zero, a cat's head in the second zero, and a cat's head in the number 2. To the left of the zeros is a yellow circle with '5-9 PM' and a moon. To the right is a red starburst with 'FREE'. Below the '002' is the title 'PAWS, CLAWS & PICKLEBALL' in bold, with 'PICKLEBALL' in red. Underneath is 'SOCIAL MIXER' and 'Tuesday, December 12'. The text 'Benefitting the Halifax Humane Society' is at the bottom left, and the 'PICTONA' logo is at the bottom right. The poster also features the Halifax Humane Society logo, a dog wearing a Santa hat, and a cat wearing a Santa hat. A decorative border at the bottom consists of alternating paw prints and pickleballs.

5-9 PM

FREE

PAWS, CLAWS & PICKLEBALL

SOCIAL MIXER

Tuesday, December 12

Benefitting the Halifax Humane Society

PICTONA

Paws, Claws, and Pickleball! - December 12

This year our annual holiday fundraiser for Pictona Members is benefitting the **Halifax Humane Society**. Don't miss your chance to sign up for this fun social mixer celebrating our furry friends! More detail and information can be found at the registration link [HERE](#).



A blue banner for the Senior Activity Center. It features logos for Florida Health Care Plans, a Florida state logo, and a senior center logo. The text 'SENIOR ACTIVITY CENTER' is prominently displayed in white. Below the Florida Health Care Plans logo, it says 'An Independent Licensee of the Blue Cross and Blue Shield Association'.

Florida Health Care Plans

SENIOR ACTIVITY CENTER



Putting Challenge - November 1 - 30

- Pictona Members are encouraged to partner up with a Pictona Employee to win the November putting challenge!
- **Winning members will receive a \$40 Food & Beverage (FAB) Card to be redeemed in either The Kitchen, The Depot, or Snack Bar during special events.**
- Click [HERE](#) for more information.

Protective Shoulder Exercises For Pickleball Players & What You Need To Know To Avoid Shoulder Pain

Presented by



**Thomas
Physical
Therapy**



Do you have pain when:
Reaching overhead
Sleeping
Playing sports
Reaching into the backseat
Reaching behind your back
General activities of daily living



COME TO OUR WORKSHOP TO LEARN:

- ✓ Self-treatment techniques for shoulder pain
- ✓ Good and bad stresses for the shoulder
- ✓ How to prevent injuries

Workshop

Presented by:

Marina Mitry-Hana, DPT

November 7, 2023

12:30 - 1:30pm

**Class held at
Pictona Holly Hill**

**Class size is limited
Call today to register**

(386) 257-2672

Thomas Physical Therapy

All About Alzheimer's Disease

An education program series presented by the Alzheimer's Association in partnership with Halifax Health Continuing Care and the Florida Health Care Plans Senior Activity Center

FHCP Senior Activity Center
1060 Ridgewood Ave., Holly Hill, FL 32117



Understanding and Responding to Dementia Related Behaviors Thursday, November 9, 2023 | 1 p.m.

Behavior is a powerful form of communication and is one of the primary ways people living with dementia communicate their needs and feelings as the ability to use language is lost. However, some behaviors can present real challenges for caregivers to manage. Join us to learn to decode behavioral messages, identify common triggers, and learn strategies to help manage some of the most common behavioral challenges of Alzheimer's disease.



Series on Alzheimer's Disease

Sponsored by Florida Health Care Plans:

- November 9 at 1pm - Understanding and Responding to Dementia Related Behaviors

For registration or information call 800-272-3900



VOLUNTEERS



Join the Pictona Success Team

Click [HERE](#) for Volunteer positions and “sign up” for as many as you wish!

Incentives for our volunteers:

- Earn POP! Credits to play organized activities for FREE
- Free Meal Vouchers to use in The Kitchen and The Depot
- Eligible for FREE One Month Pictona membership:
(monthly drawings during tournament season, courtesy of Karen/Jeff Dillard of Realty Pros)
- Invitation to annual volunteer appreciation BBQ
- Free stadium seating to watch top professional matches.
- Volunteer of the Month Parking spot.



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Our mailing address is: