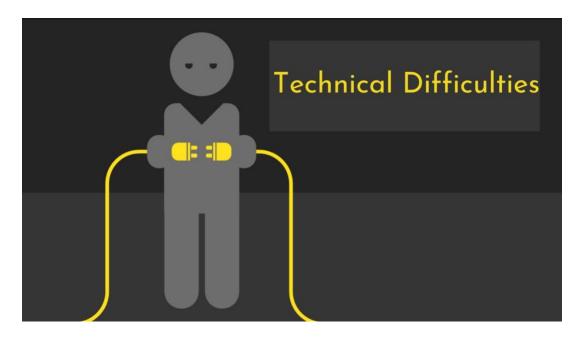


## September 11 - 17





We've recently encountered some **software hiccups** that might have affected your experience with our registration and membership platform. We understand the frustration that comes with technical glitches, and we want to reassure you that we're actively addressing these issues. If you come across any bugs or notice anything out of the ordinary while using our software, please don't hesitate to get in touch with us. We sincerely appreciate your

patience and understanding as we work to improve your user experience.



# **Pictona Staff - Adult First Aid - CPR - AED Training**

Many of Pictona's staff took part in First Aid - CPR - AED Training. Instructor Loraine Becker gave a well-informed & educational training to our team. With over 1100 members at Pictona and a busy tournament season just ahead, it's important that we're prepared for anything that may come our way!



#### The Kitchen

We are absolutely thrilled to extend a warm and hearty welcome to our newest members of the Food & Beverage team!

- Andrew Dallessandro is our new Food & Beverage Manager
- Mitch Frazer is serving up delicious eats in The Kitchen

Please stop by The Kitchen and welcome them to our team!





October 19 - 22, 2023

# Register by October 2nd to receive a tournament T-Shirt!

Kick off the Fall Tournament Season by registering for the **Conviva Pictona Open** on October 19-22, 2023.

Last year 1030 players helped us open the completed Pictona campus that has 49 courts, 13 under cover, and a championship court in the MetroHealth Stadium. *Help us top that number this year!* 

Join us for the entire tournament. On Thursday, the 19th, after you play, we offer a barbecue dinner on the deck and entertainment by New York's Dueling Pianos (\$35 per person).

**Experience Pickleball Paradise at Pictona!** 

Register for the Conviva Pictona Open HERE



#### **Register for Tournaments at Pictona**

You can view our full schedule of tournaments and find details, including how to register, at this link.





We heard how much everyone LOVED the Sundown Showdown, so our next Team League will be a 5 week MIXED QUAD SQUAD for the 3.0 and 3.5 skill levels!

Get your (2 men and 2 women) teams together and come up with a fun name to REGISTER starting next Wednesday, September 13! ONLY SIX TEAMS per league, so don't delay.

Each member will register individually and pay \$25 fee (or FREE if you have a Pictona PLUS Membership). You MUST list your TEAM NAME when registering. Each team can have as many SUBS as they like (they do NOT register or pay fee). Subs only participate if team player gets injured or not available on league night. Five games per night: men's doubles/women's doubles and (4) mixed games against one team per week.

Any questions? email <a href="mailto:Halip@pictona.org">Halip@pictona.org</a> or call/text her (321)298-4615.



Tired of open play? Sign up for a POP! activity

Experience 5-6 consecutive games with players in designated skill levels
1.0 to 4.5+

Monday thru Wednesday and Saturday at 8:30am Monday thru Thursday at 6:30 pm Sundays at 9am

#### ONLY \$5 each!!!

POP! activities include: Ladders, Mixers (youth & adult), Tournament Practice Round Robins and Leagues









# September Schedule

#### PICTONA ORGANIZED PICKLEBALL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Sept 3: 9am Novice Mixer 1.0-2.49 Skill Levels	8am 3.0-3.99 Open/Mixed Seeded Ladder 6:30pm 3.0-3.99 Women's Seeded Ladder 6:30pm 3.5-4.5+ Open Seeded Ladder	8am 3.0-3.99 Women Seeded Ladder 6:30pm 3.5-3.99 Women & Men Quad Squad League (FULL)	8am & 6:30pm 3.0 Men & Women Tournament Practice Round Robins	6:30pm 2.5-3.49 Open Seeded Ladder	NO POP!	8am 3.0-3.49 Women & Men Mixer
Sept 10: 9am Novice Mixer 1.0-2.49 Skill Levels	8am 3.0-3.99 Open/Mixed Seeded Ladder 6:30pm 3.0-3.99 Women's Seeded Ladder 6:30pm 3.5-4.5+ Open Seeded Ladder	8am 3.0-3.99 Women Seeded Ladder 6:30pm 3.5-3.99 Women & Men Quad Squad League (FULL)	8am & 6:30pm 3.5 Men & Women Tournament Practice Round Robins	6:30pm 2.5-3.49 Open Seeded Ladder	NO POP!	8am 3,5-3,99 Women & Men Mixer
Sept 17: 9am Novice Mixer 1.0-2.49 Skill Levels	8am 3.0-3.99 Open/Mixed Seeded Ladder 6:30pm 3.5-4.5+ Open Seeded Ladder	NO POP!	8am & 6:30pm 3.0 & 3.5 Mixed Tournament Practice Round Robins	NO POP!	NO POP!	8am 3.0-3.49 Women & Men Mixer
Sept 24: 9am Novice Mixer 1.0-2.49 Skill Levels	8am 3.0-3.99 Open/Mixed Seeded Ladder 6:30pm 3.5-4.5+ Open Seeded Ladder	NO POP!	6:30pm Family Adult/Youth (ages 8-17) Team Mixer Competition	6:30pm 2.5-3.49 Open Seeded Ladder	NO POP!	8am 3.5-3.99 Women & Men Mixer

Click <u>HERE</u> to SIGN UP to participate in any of our POP! Activities!





Pickleball Minute: How to Start

One of the great things about playing at Pictona is you have the opportunity to play with a lot of different players. That can lead to different variations of the "first score" said while starting the game. Take a look at this video to learn about how to properly start a pickleball game.

Want to learn more about Pictona's instructional programs? Check out our education webpage <u>HERE</u>.

Paddle UP!



## **VOLUNTEERS NEEDED**



#### Join the Pictona Success Team

With hurricane season upon us and an exciting tournament schedule around the corner, Hali has updated our year-round Volunteer needs. Click <u>HERE</u> for Volunteer positions and "sign up" for as many as you wish. Once there is a specific day/time that we need help, you will be notified via email. Volunteer shifts are filled on a first come, first serve basis.

#### Incentives for our volunteers:

- Earn POP! Credits to play organized activities for FREE
- Free Meal Vouchers to use in The Kitchen and The Depot
- Eligible for FREE One Month Pictona membership: (monthly drawings during tournament season, courtesy of Karen/Jeff Dillard of Realty Pros)
- · Invitation to annual volunteer appreciation BBQ
- · Free stadium seating to watch top professional matches.

· Volunteer of the Month Parking spot.





## Fresh Salad with Grilled Shrimp

Next week we're featuring a healthy salad, with freshly grilled shrimp, tomatoes and lettuce grown right here at Pictona from our Humana Community Gardens!





# The FHCP Senior Activity Center offers a great variety of activities to help you maintain an active, healthy lifestyle

Click HERE to view next weeks schedule of classes and activities.



#### **New Putting Greens - Ground Breaking!**

We began construction on the new 9-hole putting green in the FHCP Recreation Courts! the whole project should take about 2 weeks to complete. We look forward to showing you the new greens upon completion.

## All About Alzheimer's Disease

An education program series presented by the Alzheimer's Association in partnership with Halifax Health Continuing Care and the Florida Health Care Plans Senior Activity Center

FHCP Senior Activity Center 1060 Ridgewood Ave., Holly Hill, FL 32117





#### **Understanding Alzheimer's and Dementia**

Thursday, September 14, 2023 | 1 p.m.

Alzheimer's disease is not a normal part of aging. Join us to learn about the impact of Alzheimer's, the difference between Alzheimer's and dementia, the stages and risk factors, current research and treatments available for some symptoms, and Alzheimer's Association resources.





# First of a three part series on Alzheimer's Disease

Sponsored by Florida Health Care Plans:

- <u>September 14 at 1pm</u> Understanding Alzheimer's and Dementia
- October 12 at 1pm 10 Warning Signs of Alzheimer's and Dementia -
- <u>November 9 at 1pm</u> Understanding and Responding to Dementia Related Behaviors

For registration or information call 800-272-3900



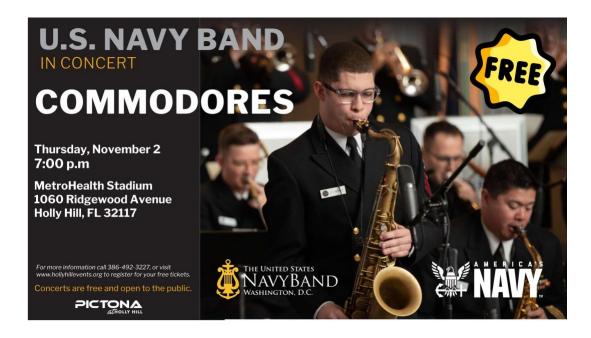


## **Dueling Pianos!**

- Thursday, September 21
- 7:30 PM

- \$20 Bleacher Seats
- \$25 Floor Seats
- Box Seats available The best seats in the house!
   Box seats include 4 reserved seats and a cocktail table. (\$120 \$30 per seat).

**Click here to Purchase Dueling Piano Tickets** 



## **U.S. Navy Band "The Commodores"**

Although this is a FREE concert, please register at the button below so there is a record of how many will be attending.

- Thursday, November 2
- 7:00 PM
- FREE!

Click here to register for your FREE Tickets!





#### **Pickleball Singles Mingles - THREE!**

#### Is the third time the charm?

Singles Mingles is returning to Pictona November 10 - 12. In just three weeks, already 160+ singles have signed up to participate in this fun weekend long event! Participation is capped at 200, so sign up before it's too late!

Are you single *(not-married or partnered)* and looking to meet other single pickleball players from all over the U.S.?

Join us for this fun weekend event! Register and details at this link.

## LOOKING FOR HEALTHCARE THAT ACTUALLY CARES? FULL RISK AND VALUE BASED CARE



## **FREE SEMINAR**

9/14/2023
Two times to choose from:
11:30 AM AND AT 5:00 PM
Meals Provided at each seminar











# Learn How Primary Care Service is changing for the better with Metro Health.

Free Educational event held at the Humana Education Center in the Heron Room at Pictona.