

# JULY - INSTRUCTIONAL CALENDAR

7.11.23

(386) 310-7067  
**JOIN TODAY!**  
[www.pictona.org](http://www.pictona.org)



**Prices indicated are for Pictona Members.**  
**Non-Members will have to pay an additional day rate or use a Pic 10 Punch Card.**

**PB 101** *For the beginner player*

**FREE**

SPONSORED BY:  
 Karen Dillard

Mondays - July 3, 10, 17, 24, 31	3:00 - 4:30 pm
Tuesdays - July 11, 18, 25	1:00- 2:30 pm
Wednesdays - July 5, 12, 19, 26	6:00- 7:30 pm
Thursdays - July 6, 13, 20, 27	5:00- 6:30 pm
Saturdays - July 8, 15, 22, 29	1:00- 2:30 pm

**Drill the Drop and "Stop"** **60 Min.**

Instructor: Lu Min: 3 / Max: 8

Thursday, July 13 2:00 - 3:00 pm \$ 30

**Learn While You Play \*\*** **90 Min.**

Instructor: Lu Max: 3

Wednesday, July 5 Noon - 1:30 pm \$40

\*\* You can schedule this class at a time convenient to you and your friends. Email Lu at Lu@pictona.org for more info..

The courses below are taught in sequential format that introduce new skills each week. Courses may be taken more than once in order to learn and master the skill presented.

View criteria needed for these courses at [www.pictona.org](http://www.pictona.org)

**PB 102** (Each Course includes 2 classes - for a TOTAL cost of \$100)

Instructor: Lu Max: 3 / Max: 8 **2 Hours**

Tuesday, July 11 & Thursday, July 13 11:30 - 1:30 pm \$100

**Pickleball Made Easy** 2.5 - 3.0 Level **90 Min.**

Instructor: Sylvia Min: 4 / Max: 6

Friday, July 7 5:00 - 6:30 pm \$40

Teaches the value of hitting unattackable shots at your opponent, how paddle position will make or break the shot outcome, and why you should track and follow each shot.

**PB 201** (Each Course includes 2 classes - for a TOTAL cost of \$100)

Instructor: Lu Max: 3 / Max: 8 **2 Hours**

Tuesday, July 18 & Thursday, July 20 11:30 - 1:30 pm \$100

**How to Beat the Bangers** **90 Min.**

Instructor: Sylvia Min: 3 / Max: 8

Tuesday, July 18 5:00 - 6:30 pm \$40

Players will participate in drills to build understand importance of hitting net or below shots.

**PB 301** (Courses includes 4 classes - for a TOTAL cost of \$100)

Instructor: Sylvia Max: 3 / Max: 8 3.2+ Level **90 Min.**

Course # 1  
 Fridays, July 7, 14, 21, 28 3:30 - 5:00 pm \$100

Course # 2  
 Mondays, July 10, 17, 24, 31 3:30 - 5:00 pm

**Shot of the Month: Blocking** **90 Min.**

Instructor: Sylvia Min: 3 / Max: 8

Tuesday, July 11 2.5 - 3.0 Level 5:00 - 6:30 pm \$40

Friday, July 21 2.5 - 3.0 Level 5:00 - 6:30 pm

**PB 3.5+** (Course includes 2 classes - for a TOTAL cost of \$100)

Instructor: Dave Max: 3 / Max: 8 **2 Hours**

Tuesday, July 25 & Thursday, July 27 Noon - 2 pm \$100

**Learn How NOT to Hit Out Balls** **90 Min.**

Instructor: Sylvia Min: 3 / Max: 8

Monday, July 24 2.5 - 3.0 Level 5:00 - 6:30 pm \$40

**Novice Play: Next Steps** **90 Min.**

Instructor: Paul 2.5 - 3.0 Level Max: 18

(Course includes three classes - for a TOTAL cost of \$35)

Mondays, July 10, 17, 24 6:30 - 8:00 pm \$ 35

Class will consist of fun drills, basic strategies and of course - games!

**How to Keep the Ball Low and Pace Slow** **90 Min.**

Instructor: Sylvia Min: 3 / Max: 8

Friday, July 14 2.5 - 3.0 Level 5:00 - 6:30 pm \$40

Tuesday, July 25 2.5 - 3.0 Level 5:00 - 6:30 pm

Learning to make your opponent hit the ball off of a low bounce versus in the air.

**Drill with Dave** **90 Min.**  
Min: 3/ Max: 8  
*Instructor: Dave*

Tuesday, July 11      2:00 - 3:30 pm      \$ 40  
 Thursday, July 20      1:30 - 3:00 pm  
 Thursday, July 27      2:00 - 3:30 pm

*Working hard on your needs with rigorous, unique drills designed to put you in game-like situations.*

**Speedball !** **90 Min.**  
Min: 3/ Max: 8  
*Instructor: Dave*

Tuesday, July 25      2:00 - 3:30pm      \$40

*Speedball involves all the skills of pickleball in an active, fast-paced game. This is the class for you if you like an in tense, active, fun game!*

**Trouble? Reset!** **90 Min.**  
Min: 3/ Max: 8  
*Instructor: Dave*

Thursday, July 13      12:00 - 1:30 pm      \$ 40

*In this class, students will learn and practice the shots needed for resetting a point.*

**Mastering the Right Court Position** **90 Min.**  
Min: 3/ Max: 8  
*Instructor: Sylvia*      3.0 - 3.5 Level

Monday, July 31      5:00 - 6:30 pm      \$40

**Setup For the Shot!** **90 Min.**  
Min: 3/ Max: 8  
*Instructor: Dave*

Tuesday, July 18      2:00 - 3:30 pm      \$ 40

*This class explores how to anticipate the next shot.*

**Drop, Drive & Lob** **90 Min.**  
*Instructor: Sylvia*      Min: 3 / Max: 8

Monday, July 17      5:00 - 6:30 pm      \$40


**Drill Extravaganza !** **120 Min**  
*Instructor: Lu*      Max: 24

Tuesday, July 18      2:00 - 4:00 pm      \$ 15

*Four skills (TBD) will be drilled during this class / ALL Skill Levels*

**Mastering the 3rd Shot - Drop** **90 Min.**  
Min: 3/ Max: 8  
*Instructor: Sylvia*      3.0 - 3.5 Level

Monday, July 10      5:00 - 6:30 pm      \$40  
 Friday, July 28      5:00 - 6:30 pm

**Round Robins** 

*Instruction provided during Round Robin play format*

*New to Pickleball (Less than one year) also known as:  
 "The Not Ready for Primetime Players Club"*

Thursday, July 13      2:00 - 3:30PM      \$10

*"Primed and Ready" for 3.0-3.5 Level players*

Thursday, July 20      2:00 - 3:30 pm      \$10

**Don't forget to also check out the July schedule of POP! Activities!**



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