

Fitness & Education Classes



Yoga

We offer a diverse array of FREE and low-cost fitness & educational classes to meet the needs of all seniors.

Balance and Motion



Scan this QR Code for our Weekly Schedule.



Scan this QR Code for our website
www.pictona.org

**1060 Ridgewood Ave.
Holly Hill, FL 32117
(386) 310.7067**



Florida Health Care Plans®



An Independent Licensee of the Blue Cross and Blue Shield Association

SENIOR ACTIVITY CENTER

The FHCP Senior Activity Center (SAC) is dedicated to helping the citizens of Holly Hill and greater Volusia County improve their health through physical activity and better nutrition.

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Pictona's Senior Activity Center is funded through the generous support of Florida Health Care Plans and the city of Holly Hill. The Community Gardens are sponsored by our valued partner, Humana. FHCP health insurance, Humana Health Insurance, and Pictona membership are not required to participate in FHCP SAC activities.

AT OUR CORE, PICTONA IS A Community Center

There's no age limit to having fun at Pictona! Everyone is welcome to come out and enjoy our facilities and activities. Families are welcome!



Line Dancing

Recreational Courts

FREE

All recreational courts games are **FREE** to the public. Instructional classes for recreational games are available for groups upon request. Clubs will meet each week, and newcomers are always welcome!



Pictona's **FREE** Recreational Courts include:

- 1 - Croquet Court
- 2 - Shuffleboard Courts
- 3 - Bocce Courts
- CornHole

Humana

We're Growing a Community



The Humana Gardens at Pictona include beautiful flower gardens and a Hydroponic Garden.

Lettuce and herbs from our gardens are used in our restaurant, "The Kitchen".
- a true farm-to-table experience !



Lunch & Learn Education