

June 6 - 12



NEWS



SPG
Sports Planning Guide

**Eight Great
New and Newly
Renovated
Pickleball Court
Centers**

**SPG TAKES A LOOK AT EIGHT GREAT NEW AND NEWLY RENOVATED PICKLEBALL
COURTS THAT PICKLERS NEED TO EXPERIENCE**

Pictona makes the Top 8!

Pictona was featured as one of the top 8 facilities in Sports Planning Guide's list of places picklers need to experience. (You'll need to scroll down once you click the link. Pictona is number 6.)

You can read the full article [here!](#)



The Birds of Pictona

We are fortunate at Pictona to have a bird sanctuary next to us in Centennial Park. Rainer has created a collection of photos he's taken over the last year.

Click [here](#) to see the gallery of photos.



Say Hello to Yvonne Milton! - Senior Activities Center Director

I'm beyond thrilled to be at Pictona as the new Senior Activities Center Director. I'm excited to meet so many new people and I'm eager to learn the art of Pickleball.

My previously work experience was most recently at Grand Villa as the Life Enrichment Coordinator for Memory Care. I have a passion for working with the elderly and people in general. My background is in Sociology and I have worked as a Medical Case Manager assisting Adults with Disabilities and Case Manager for adolescents.

I'm originally from California, but I have been in Florida for 18 years. I'm married, have two children and 1 fur baby. I enjoy going to the beach, walking, yoga, gardening and traveling.



THE KITCHEN AT PICTONA

NEW! Daily SPECIALS

MONDAY \$12
MEATLOAF MONDAY

\$11 TUESDAY
TACO TUESDAY

The Kitchen
AT PICTONA

THURSDAY \$12
TRI-SALAD THURSDAY
CHICKEN SALAD
TUNA SALAD
EGG SALAD

\$12 FRIDAY
FRIDAY FISH FRY

"NEWS" in The Kitchen

- Have you tried one of our refreshing **iced coffees** and **flavored ice teas**? They're perfect for that after game pick me up!
- We've also added New daily specials. In addition to **Meatloaf Mondays**, we'll be featuring **Taco Tuesdays**, **Tri-Salad Thursdays** featuring one scoop each of egg salad, tuna salad, and chicken salad. And you don't want to miss out on our **Friday Fish Fry**!
- Next week's special will be **Chicken Teriyaki Tacos - served with a health side salad (or side of your choice)**.
- Don't forget, we grow our own greens in our very own Community Gardens!



PICKLEBALL PLAY



Friday Music Nights - Taking Your Song Requests!

Friday's are one of our more popular nights at Pictona. It's your chance to let down your hair, make new friends, and dink & dance the night away! Have a song or playlist that you'd love to have in the mix?

Send your suggestions to Trevor at trevory@pictona.org.

You can find Pictona's Weekly Court Schedule [here](#).



JUNIORS



Brown & Brown



PICTONA KIDS

JUNE 27 - 30 MONDAY - THURSDAY
FOUR 1-HOUR CLASSES

PB 101 (6-8 YEAR OLDS) 10:00 AM - 11:00 AM

PB 102 (9-13 YEAR OLDS) 11:00 AM - NOON

THE BASIC SKILLS AND RULES WILL BE TAUGHT USING AGE APPROPRIATE DRILLS. EACH CLASS WILL COVER A DIFFERENT SKILL, CULTIVATING IN MODIFIED GAMES AND FUN CHALLENGES!



Call (386) 310.7067 to register



School's Out: Enroll Your Kids in Beginner Lessons!

Mary Burns will be leading four 1-hour classes for parents who want to introduce their kids to Pickleball!

- June 27-30 (Monday thru Thursday)
- PB 101 - (6-8 Years Old) 10 am - 11 am
- PB 102 - (9 - 13 Years Old) 11 am - Noon
- \$95 for all four classes

Register by calling the Welcome Desk at (386) 310.7067.

Or you can sign up for PB101 (6-8 Years Old) [here](#).

And you can sign up for PB102 (9-13 Years Old) [here](#).



TOURNAMENTS



The Lob

Is it effective?

The most hated shot in pickleball?

Dangerous?

Legit?

A Sign of desperation?

Depending on who's talking, the lob could be any or all of these things.

Read more about Keith's thoughts on the pros and cons of the lob [here](#).



October 20-23, 2022

Pictona Open

Join us for our signature Fall tournament at one of the finest pickleball facilities in the world ! The tournament runs 4 days to accommodate 8 age divisions and 5 skill levels, in the popular double-elimination format.

Registration begins July 1st. We'll post the link to register at that time.

- **Dates:** October 20-23, 2022
- **Divisions:** Men's, Women's, Mixed Doubles, Men's & Women's Singles
- **Age categories:** 19+, 35+, 50+, 55+, 60+, 65+, 70+, and 75+
- **Skill levels:** 3.0, 3.5, 4.0, 4.5 & 5.0
- **Format:** Double Elimination. Winner brackets are 2/3 games to 11; Consolation Brackets, 1 game to 15; All games win by 2.
- **Tournament fee:** \$60, plus \$15 per event entered.



You can find next week's schedule for the Senior Activity Center [here](#).



We have a few open plots in the Humana Community Gardens at Pictona. If you're interested in renting a plot, contact Yvonne at yvonnem@pictona.org. The cost is \$20 / season, and our Spring season lasts from now until the end of August.



EVENTS



Music Bingo at Pictona!

The Blake at LPGA presents a fun-filled night of Music Bingo, food, drink, and fabulous prizes! Get your Groove On and get in The Kitchen for Music Bingo Night! From 6 pm - 6:30 pm enjoy a delicious buffet and a drink and receive three cards for each of the four rounds of Music Bingo.

Wednesday, June 22nd 6 - 8:30 pm
The Kitchen at Pictona

Sign up [here!](#)

Memory Health Series

An exciting new program for people who want to have a healthy, high-powered mind



5 – 6:30 PM | Free and Open to the Community

PICTONA | 1060 Ridgewood Ave, Holly Hill, FL 32117

Session 1	Session 2	Session 3	Session 4
Wednesday, May 18	Wednesday, May 25	Wednesday, June 1	Wednesday, June 8

This series will provide practical strategies for supercharging your brain:

- Enhance creativity by increasing memory skills
- Boost energy and self-esteem by improving cognitive fitness
- Strengthen relationships and connections with family, friends and colleagues
- Gain a mental edge by sharpening your thinking

By the end of this program you will learn the secrets for having optimal brain health and performance at any age.

You will also be able to measure your progress via self-evaluations done at the end of each session.

RSVP TODAY Visit events.blackthorn.io/411NfML7/4a5k2MAUNN to register!

AdventHealth complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex.
ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al número siguiente 877-746-4674.
ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis ed pou lang ki disponib gratis pou ou. Rele nimewo ki anba an 877-746-4674.



FREE Memory Health Series presented by [AdventHealth](https://www.adventhealth.com)

An exciting new program for people who want to have a healthy, high-powered mind. The topic for the last session is **"The Magic of Mind Mapping"**. We hope to see you there!

- Session 4: June 8

Wednesday from 5:00-6:30 pm

No need to pre-register.



INSTRUCTIONAL PROGRAMS

- **Monday**

- 3:30 pm: [Pickleball Made Easy](#) (Sylvia)
- 4 pm: [PB 101](#) (Alex)

- **Tuesday**

- 1 pm: [PB 101](#) (Lu/Dan)
- 3 pm: [PB 301A](#) (Sylvia)

- **Wednesday**

- 1:30 pm: [Avoiding Unforced Errors](#) (Dave)
- 3 pm: PB 302 (Sylvia)

- **Thursday**

- 1:30 pm: [Round Robin](#) "Not Ready for Prime Time"
- 3 pm: [Learn While You Play](#) (Lu/Sinny)
- 5 pm: [PB 101](#) (Dan)

- **Friday**

- 1 pm: [Speedball !](#) (Dave)
- 3 pm: [The 4th Shot](#) (Dave)

- **Saturday**

- 1 pm: [PB 101](#) (Edward)

Upcoming Classes

• Monday, June 13

- 3:30 pm - Percentage Pickleball
- 4 pm - PB 101

• Tuesday, June 14

- Noon - PB 102
- 1 pm - PB 101
- 1:30 pm - Learn While You Play
- 3:00 pm - PB 301
- 3:30 pm - PB 201

• Wednesday, June 15

- 1 pm - Drill Extravaganza !
- 3:30 pm - The 3 D's: Dink, Drop & Drink!

• Thursday, June 16

- Noon - PB 102
- 1:30 pm - "Primed and Ready" Round Robin
- 3:30 pm - PB 201
- 5 pm - PB 101

• Friday, June 17

- 1 pm - Speedball !

• Saturday, June 17

- 1 pm - PB 101



VOLUNTEERS



Join the Pictona Success Team!

If you'd like to volunteer to join the Pictona Success Team of Volunteers, [click here](#) and explore the many opportunities to help us continue to make Pictona the best pickleball facility in the United States!



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Our mailing address is:

1060 Ridgewood Ave. Holly Hill, FL 32117

[Unsubscribe here](#)