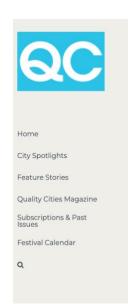


May 30 - June 5



Pictona and The Kitchen will be open our regular hours on Memorial Day

8 am - 9 pm / The Kitchen will open at 11 am





Pictona Brings Pickleball to Holly Hill

Holly Hill Recognized - Shining a Light on Pictona!

The Florida League of Cities publishes a Quality Cities magazine. They recently featured Holly Hill in a "City Spotlights" section, which showcases initiatives, accomplishments, milestones and noteworthy events in Florida cities - and because of that, Pictona was also featured. We're proud to be partners with the City of Holly Hill.

Have a look here!



New Board Treasurer: Nancy Del Riego

Nancy has 30+ years as a senior finance executive with a variety of companies including Boeing, Motorola, Trend Micro, and Beachbody. Her career has called her to reside in California, Florida, and Mexico City, and has allowed her to travel all over Latin America, Asia, and Europe. She prides herself on being a dynamic business partner and team/relationship builder. with strong attention to detail as well as having the ability to see the "big picture". Her MBA is from UCLA Anderson School of Management ("Go Bruins!").

Pickleball became a passion about four years ago, and when Nancy and her husband Joe moved from Manhattan Beach CA to Flagler Beach FL in 2020, they were thrilled to become members of Pictona. They have taken full advantage of Pictona's myriad opportunities for instruction, play, and socializing, and look forward to continuing to enjoy being a part of the Pictona family!



That's a Wrap!

We've tallied up the numbers and are thrilled to announce our Mission Possible! Fundraising campaign exceeded our expectations. Through your generosity, we were able to raise **\$59,410!** This money will help us offset the growing costs of Pictona 2.

Pictona is more than just pickleball - It's a community, and we're so happy you're part of it.

Thank you, again, to everyone who donated!



Say Hello to Deb Christensen! - Community Relations Director

I am loving my new position as the Community Relations Director at Pictona at Holly Hill. In my short time here at Pictona, I have been able to connect and get to know many members, staff and sponsors. Pictona means so much to me to because of my experience seeing people living their best, healthiest lives each day.

My prior work experience has been primarily in advertising and marketing; however, my former position was executive director for a health clinic in GA. From my beginnings in LA, to serving businesses in smaller communities. I was vice president/publisher of a magazine in Indianapolis and owned two advertising publications, one of which, I franchised.

I am married and have four grown children and two step-daughters. I enjoy being with family and friends, pickleball, fishing, golfing, cooking, and bicycling.

"NEWS" in The Kitchen

- Beginning Monday, May 30th we're changing up our menu a little bit. On the new menu you'll find we've added delicious protein bowls & grilled quesadillas.
- In addition we've added **iced coffees** and **flavored ice teas** for that after game pick me up!
- We are also adding to our daily specials. In addition to Meatloaf Mondays, we'll be featuring Taco Tuesdays, Tri-Salad Thursdays featuring one scoop each of egg salad, tuna salad, and chicken salad. And you don't want to miss out on our Friday Fish Fry!
- Next week's special will be a **grilled or fried chicken tender** salad. Don't forget, we grow our own greens in our very own Community Gardens!
- Beginning this weekend, we are changing our weekend hours in the Kitchen. Both Saturday and Sunday, our new hours will be 11 am -7 pm.



Scramble Winners! - May 24 & 25

- Congratulations to this week's scramble winners!
- Tuesday Michele Purino & Diana Benezette
- Wednesday Jim Helmer & Rob Mitchell
- Our 2022 Scrambles are open for sign up
- A Scramble is an organized style of play that allows participants to move up or down a "ladder" based on whether their team wins or loses.
- Register by calling the Welcome Desk at 386-310-7067 or go online here.

You can find Pictona's Weekly Court Schedule here.



School's Out: Enroll Your Kids in Beginner Lessons!

Mary Burns will be leading four 1-hour classes for parents who want to introduce their kids to Pickleball!

- June 27-30 (Monday thru Thursday)
- PB 101 (6-8 Years Old) 10 am 11 am
- PB 102 (9 13 Years Old) 11 am Noon
- \$95 for all four classes

Register by calling the Welcome Desk at (386) 310.7067 or you can sign up here.



New Fila Shoes in Stock

The Player Shop recently received a small shipment of new Fila shoes. We have a limited supply of both men's and women's sizes and colors so check out the Fila table underneath the TV in the Player Shop. We're not sure if we'll receive any additional sizes during June or July, but we do know that more shoes will be coming later this summer and into the fall. We hope the supply chain issues will ease up one of these days!



Preparing for the Fall Tournament Season

Summer in Florida is a good time to prepare for the tournament season, which runs Fall through Spring. This can mean getting in better shape, letting nagging injuries heal, drilling skills that need additional consistancy, and consciously working on improving your competitive game.

Who handles the ball down the middle? It isn't as simple as the old "forehand takes it" advice we've all heard. Are you one who likes to "respect the x" or perhaps following Helle Sparr's Dynamite Doubles methods? There is no one right answer other than you and your partner should be on the same page, familiar with each other's strengths, weaknesses, and preferred ways of playing.

Any of Pictona's excellent instructors can also help partners learn to bring out each other's strengths effectively.

<u>Here's a sample video</u> explaining some of Helle's very effective methods of covering that tricky middle ball at the Non Volley Zone.



October 20-23, 2022



Tai Chi and Qigong

We've had great interest and a good turnout for our new Tai Chi and Qigong class every Friday at 9 a.m. The Cost is \$6 per person and you do not have to register to attend. Questions? Email Yvonne at Yvonnem@pictona.org.

You can find next week's schedule for the Senior Activity Center <u>here</u>. * BAM! is cancelled on June 3

We have a few open plots in the Humana Community Gardens at Pictona. If you're interested in renting a plot, contact Yvonne at yvonnem@pictona.org. The cost is \$20 / season, and our Spring season lasts from now until the end of August.

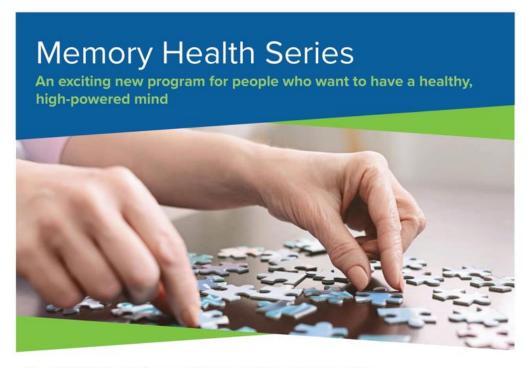


Music Bingo at Pictona!

The Blake at LPGA presents a fun-filled night of Music Bingo, food, drink, and fabulous prizes! Get your Groove On and get in The Kitchen for Music Bingo Night! From 6 pm - 6:30 pm enjoy a delicious buffet and a drink and receive three cards for each of the four rounds of Music Bingo.

Wednesday, June 22nd 6 - 8:30 pm The Kitchen at Pictona

Sign up <u>here</u>!



5 - 6:30 PM | Free and Open to the Community

PICTONA 1060 Ridgewood Ave, Holly Hill, FL 32117			
Session 1	Session 2	Session 3	Session 4
Wednesday, May 18	Wednesday, May 25	Wednesday, June 1	Wednesday, June 8

This series will provide practical strategies for supercharging your brain:

- · Enhance creativity by increasing memory skills
- · Boost energy and self-esteem by improving cognitive fitness
- · Strengthen relationships and connections with family, friends and colleagues
- Gain a mental edge by sharpening your thinking

By the end of this program you will learn the secrets for having optimal brain health and performance at any age.

You will also be able to measure your progress via self-evaluations done at the end of each session.

RSVP TODAY Visit events.blackthorn.io/411NfML7/4a5k2MAUNN to register!

AdventHealth complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex. ATENCION: si habita español, tiene a su disposición servicios gratutos de asistencia lingüística. Lisme al número siguiente 877-746-4674. ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis éd pou lang ki disponib gratis pou ou. Rele nímewo ki amba an 877-746-4674.



FREE Memory Health Series presented by <u>AdventHealth</u>

An exciting new program for people who want to have a healthy, high-powered mind. **The June 1st topic is "Remembering Names and Faces."**

Session 3: June 1Session 4: June 8

Wednesdays from 5:00-6:30 pm

Sign Up here.

INSTRUCTIONAL PROGRAMS

Tuesday

Noon: <u>PB 102C</u> (Sinny)
1 pm: <u>PB 101</u> (Lu/Dan)
3:30 pm: <u>PB 201C</u> (Lu)

Wednesday

• 1:30 pm: <u>Trouble? Reset!</u> (Dave)

Thursday

• Noon: <u>PB 102D</u> (Sinny)

• 1:30 pm: Round Robin "Might Be Ready for Prime Time"

• 3:30 pm: PB 201D (Sinny)

•5 pm: PB 101 (Dan)

Friday

• 1 pm: Speedball! (Dave)

Saturday

•1 pm: PB 101

Upcoming Classes

• Monday, June 6

• 3:30 pm - Pickleball Made Easy

•4 pm - PB 101

Tuesday, June 7

- •1 pm PB 101
- •3:00 pm PB 301

• Wednesday, June 8

- •1:30 pm Avoiding Unforced Errors
- •3 pm PB 302

• Thursday, June 9

- •1:30 pm "Not Ready for Prime TIme" Round Robin
- •3 pm Learn While You Play

Saturday, June 11

•1 pm - PB 101



Volunteer of the Month - Greg Bottom

We'd like give a big shout out and thank you to Greg Bottom for his volunteering at Pictona!

Greg has been a huge advocate of Pictona and we're thrilled to have him be the lead volunteer instructor for our very popular Sunday morning novice Round Robin. Every Sunday, Greg partners with another volunteer, John Cowne to help ensure the new players have a positive experience as they perfect their game. Greg has also volunteered for many of our tournaments and last year over the Holidays helped us with our Presents at Pictona Event where 7 lucky local kids received bicycles and other donated gifts!

Greg is always helpful when he sees new people at Pictona and encourages them to play or plays with them.





Join the Pictona Success Team!

If you'd like to volunteer to join the Pictona Success Team of Volunteers, click here and explore the many opportunities to help us continue to make Pictona the best pickleball facility in the United States!



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