



May 23 - 29



### **Martens Travel**

Julie and I are happy to be back seeing all the smiling faces and exuberance on the courts. We enjoyed 6 days of biking around the Netherlands. It's the first time we used e-bikes and they were wonderful. If you like biking, you'll like e-biking even better.

We also spent two weeks on a photo excursion of the west and north coasts of Ireland.

If you'd like to see photos of our two trips, you can view them [here](#).

On Sunday, we leave again for Zambia where we'll be photographing wildlife.



Ladies: Live Better, Play Pickleball !

Check out this Cleveland Clinic Journal of Medicine review on [“Promoting physical activity in older women to maximize health”](#) as many of the most common causes of disability and death in older women can be improved by physical activity. The review not only makes the case for promoting physical activity in clinical practice but also details physical activity benefits by different disease states. It’s worth reading pickleball ladies.



## **Welcome Paul Lambers - Membership Director!**

We welcomed Paul this past week to the Pictona team that works every day to provide our members and guests with the best experience possible. Paul is our Membership Director. He's responsible for organizing pickleball events for our members, planning and monitoring court utilization, and promoting and recruiting new members. Paul is no stranger to pickleball in our area. He has been coming here for many years. Before moving here, he lived in Andover, Massachusetts where he directed the local pickleball program. When you see Paul at Pictona greet him with his moniker "pickleball Paul."



## Stay in the Game Event a Success!

[AdventHealth](#) showed individuals at Pictona at Holly Hill tips to stay in the game! Last Friday, Community members and members alike joined us for an interactive activity course, sports med & rehab injury evaluations, massages, boxed lunches and more! Thank you to everyone who was able to join us on this beautiful day in Holly Hill.



## THE KITCHEN AT PICTONA

### Next Week's Specials

- Delicious and satisfying. That describes our homemade **Lasagna** that we'll be featuring next week. Served with fresh baked garlic bread. Just like Mom used to make!
- Our featured flatbread is **Philly Cheesteak** - topped with fresh grilled and chopped steak, peppers, onions and a homemade pepper-jack cheese sauce. Served with a side of your choice!
- We always have fresh baked goods, including cookies and banana bread - Delicious!
- We have a couple new wines on the Menu - Ask us about "Wines with a Cause" which gives a percentage of every purchase back to charity.



### Scramble Winners! - May 16, 17 & 18

- [Our 2022 Scrambles](#) are open for sign up
- A Scramble is an organized style of play that allows participants to move up or down a “ladder” based on whether their team wins or loses.

Register by calling the Welcome Desk at 386-310-7067 or go online [here](#).

You can find Pictona's Weekly Court Schedule [here](#).



### **Construction is On Schedule**

We were excited to return to Holly Hill to see the progress in building Pictona 2. We are on schedule to have the Pictona Training Center and the 25 courts completed by October 20, the start of the Pictona Open tournament. We think it will be worthy of a GRAND OPENING celebration!

We built Pictona 1 in record time and did so through the Covid-19 pandemic. Pictona 2 is also breaking records in speed of completion during a major international supply chain problem. How are we doing this? The credit goes to A.M. Weigel Company, our construction management firm. Principals Mike Weigel and Dwight Pickett, along with Todd Donlick and Paul Schrader work steadfastly to contract the best subcontractors, schedule the work, and see that it is done properly. You'll see Mike and Dwight out on the courts occasionally too as they've become passionate about pickleball. It's this team, competent and caring, that is building Pictona 2 on time.



### **New Merchandise has Arrived !**

We've recently restocked our player shop and added new shirts with new colors! We've also replenished our selection of bags and hats. Be sure to check it out next time you visit. You may just walk away with some new Pictona swag and be the cool kid on the block!





## SPONSOR HIGHLIGHT

# THE WYNN FINANCIAL GROUP



Galina Wynn Crist, CFP®  
Financial Advisor  
CERTIFIED FINANCIAL PLANNER™  
Practitioner



Erin Wynn Masters, CFP®, CDFA®  
Private Wealth Advisor  
Managing Director



Kirstin Wynn Moore  
Client Service Associate

### Getting Ready for Retirement?

Wynn Financial Group offers these great tips on preparing yourself for Retirement. [Read more here](#) to learn about:

- Estimating your Retirement Income Needs
- Project Your Retirement Expenses
- Decide When You'll Retire
- Estimate Life Expectancy
- Identify Your Sources of Retirement Income
- Make Up Any Income Shortfall

#### [Wynn Financial Group](#)

One Daytona Blvd., Suite 270  
Daytona Beach, FL 32114  
(386) 677-9464



## Tournament Season RECAP

We have just wrapped up Pictona's tournament season, with over 1000 entries combined in the recent Rookie Rally, Selkirk Challenge, Super Seniors, and Florida Cup, with many medal-winning performances by our members.

This Fall, we look forward to the Opening of Pictona 2 which will more than double our number of courts. We will be holding our signature Pictona Open Tournament Oct. 20-23, followed by hosting the inaugural Diamond Amateur Nationals in early December, bringing many of the top amateur players in the country - at all levels and ages - to Holly Hill, looking to earn their 'golden ticket' to the USAP Nations in November of 2023. Beyond that we have a Pro-Am scheduled early in 2023 and much more.

If you have thoughts on competitive play you would like to see at Pictona, over the summer or any other time, feel free to speak to Keith or send an email to [KeithH@pictona.org](mailto:KeithH@pictona.org).

You can click [here](#) to see the results of the Super Seniors tournament.

And you can see photos of our medalists [here](#). These photos are available for you to download.



**October 20-23, 2022**



**NEW CLUB!**

We're starting a croquet club! Join your friends (and make NEW friends!). Our first play is scheduled for Wednesday, May 25th at 8:30 a.m. See you on the REC Courts!



You can find next week's schedule for the Senior Activity Center [here](#).

\* BAM ! is cancelled on May 27

Humana



COMMUNITY GARDENS

We have a few open plots in the Humana Community Gardens at Pictona. If you're interested in renting a plot, contact Yvonne at [yvonnem@pictona.org](mailto:yvonnem@pictona.org). The cost is \$20 / season, and our Spring season lasts from now until the end of August.



Hf

### Ladies Night Bocce Ball

Join us for a night of Bocce, Wine, Laughter and Fun! The more the merrier !

#### Thursday Evening, May 26th at 6 pm

Please RSVP to Yvonne so she knows how many people to expect at [yvonnem@pictona.org](mailto:yvonnem@pictona.org) or call (386) 238.9276.



## **Music Bingo at Pictona!**

The Blake at LPGA presents a fun-filled night of Music Bingo, food, drink, and fabulous prizes! Get your Groove On and get in The Kitchen for Music Bingo Night! From 6 pm - 6:30 pm enjoy a delicious buffet and a drink and receive three cards for each of the four rounds of Music Bingo.

**Wednesday, June 22nd 6 - 8:30 pm**  
**The Kitchen at Pictona**

Sign up [here!](#)

# Memory Health Series

An exciting new program for people who want to have a healthy, high-powered mind



5 – 6:30 PM | Free and Open to the Community

PICTONA   1060 Ridgewood Ave, Holly Hill, FL 32117			
Session 1	Session 2	Session 3	Session 4
Wednesday, May 18	Wednesday, May 25	Wednesday, June 1	Wednesday, June 8

This series will provide practical strategies for supercharging your brain:

- Enhance creativity by increasing memory skills
- Boost energy and self-esteem by improving cognitive fitness
- Strengthen relationships and connections with family, friends and colleagues
- Gain a mental edge by sharpening your thinking

By the end of this program you will learn the secrets for having optimal brain health and performance at any age.

You will also be able to measure your progress via self-evaluations done at the end of each session.

**RSVP TODAY** Visit [events.blackthorn.io/411NfML7/4a5k2MAUNN](https://events.blackthorn.io/411NfML7/4a5k2MAUNN) to register!

AdventHealth complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex.  
ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al número siguiente 877-746-4674.  
ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis ed pou lang ki disponib gratis pou ou. Rele nimewo ki anba an 877-746-4674.



## FREE Memory Health Series presented by [AdventHealth](#)

An exciting new program for people who want to have a healthy, high-powered mind

- Session 2: May 25
- Session 3: June 1
- Session 4: June 8

Wednesdays from 5:00-6:30 pm

Sign Up [here](#).



# INSTRUCTIONAL PROGRAMS

## • **Monday**

- Noon [Learn While You Play](#) (Lu/Sunny)
- 1 pm: [Drill Extravaganza !](#) (Lu/Sinny)
- 3:30 pm: [Percentage Pickleball](#) (Sylvia)

## • **Tuesday**

- Noon: [PB 102A](#) (Sinny)
- 1 pm: [PB 101](#) (Lu/Dan)
- 3 pm: [PB 301A](#) (Sylvia)
- 3:30 pm: [PB 201A](#) (Lu)

## • **Wednesday**

- 2 pm: [Round Robin](#) "Primed and Ready" (Lu/Sinny)
- 3 pm: PB 302 (Sylvia)

## • **Thursday**

- Noon: [PB 102B](#) (Sinny)
- 1:30 pm: [Round Robin](#) "Not Ready for Prime Time"
- 3:30 pm: [PB 201B](#) (Sinny)
- 5 pm: [PB 101](#) (Dan)

## • **Friday**

- 1 pm: [Speedball !](#) (Dave)
- 3 pm: [The 4th Shot](#) (Dave)

## **Upcoming Classes**

### • **Tuesday, May 31**

- Noon - PB 102C
- 1 pm - PB 101
- 3:30 pm - PB 201C

### • **Wednesday, June 1**

- 1:30 pm - Trouble? Reset!

### • **Thursday, June 2**

- Noon - PB 102D
- 1:30 pm - "Might be Ready for Prime Time" Round Robin
- 3:30 pm - PB 201D

- 5 pm - PB 101
- **Friday, June 3**
  - 1 pm - Speedball !
- **Saturday, June 4**
  - 1 pm - PB 101



## VOLUNTEERS



If you'd like to volunteer to join the Pictona Success Team of Volunteers, click [here](#) and explore the many opportunities to help us continue to make Pictona the best pickleball facility in the United States!





