



*Our newsletter for members and friends*

**April 25 - May 1**

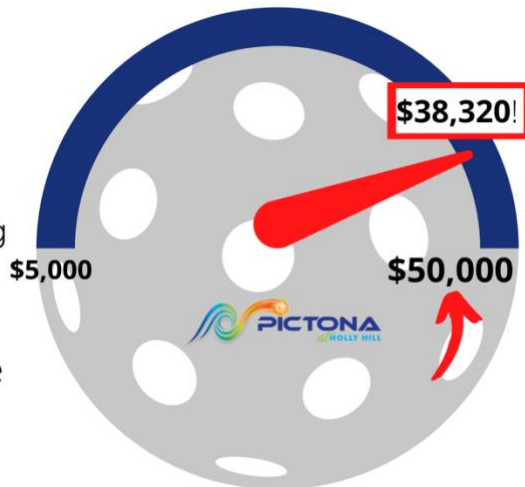


**NEWS**

**MISSION  
POSSIBLE**

Help us offset the growing costs of Pictona 2.

Your contribution will help us become a World Class Facility!



**With just one week left in our campaign, we've raised \$38,320!**

We're in the home stretch and we hope to raise an additional \$11,700 to reach our \$50,000 goal. Thank you to everyone who's contributed for your ongoing support for Pictona and making it the success that it is!

Pictona is more than just pickleball - It's a Community, and we want YOU to be a part of it!

Help us offset the costs of Pictona 2!

*(All donations are tax deductible.)*

**Donate NOW!**



## THE KITCHEN AT PICTONA

### Next Week's Specials

- Be sure to try our Healthy Turkey Rachel sandwich. Made with thinly sliced turkey, homemade coleslaw, swiss cheese and 1000 island dressing on grilled rye bread - served with a side of your choice.
- You don't want to miss our Chicken Waldorf Salad - served on a fresh bed of lettuce grown in our very own Community Gardens!
- What's that delicious smell? Why it's fresh banana bread - baked daily!

**TOURNAMENTS**

**SUPER SENIORS**  
May 6-8 2022

Men's, Women's & Mixed Doubles

Skill Levels  
3.0, 3.5, 4.0, 4.5

Age Categories:  
60+, 65+, 70+, 75+

Register at:  
PICKLEBALLTOURNAMENTS.COM

\$40 for Pictona Members  
\$50 for Non-Members

Super Seniors  
Tournament  
sponsored by:

**SOLAR-FIT**

**DAYTONA**  
DODGE CHRYSLER Jeep RAM

### [Super Seniors Tournament - May 6-8](#)

#### **Registration Closes Sunday (4/24).**

There are **274** people signed up for our second annual Super Seniors Tournament sponsored by [Solar-Fit](#) and [Daytona Dodge](#). This exciting tournament will be May 6, 7, and 8. Ages are 60, 65, 70, and 75+ with 3.0 to 4.5 skill levels playing men's, women's, and mixed doubles.

Register [here!](#)



## PICKLEBALL PLAY

### Looking for courts to play singles?

Demand for courts to play singles at Pictona has increased dramatically over the past 6 months. We invite those who are looking to play singles **Monday through Wednesday mornings to use the paddle rack located at court 20 from 8am – 12pm.**



### Spring 2022 Scrambles

- [Spring 2022 Scrambles](#) are open for sign up!
- A Scramble is an organized style of play that allows participants to move up or down a “ladder” based on whether their team wins or loses.
- Register by calling the Welcome Desk at 386-310-7067 or go online [here](#).



## SPONSOR HIGHLIGHT



### [The Blake at LPGA - Discover the Blake](#)

Imagine a senior living community designed around the individualized needs and interests of its residents. A community where lifestyle is as important as care, and the care is incredible. Imagine this resort-style community is packed with upscale amenities like a fun movie theater, cafe, piano bar and lounge, game room, and putting green, and it offers a wealth of engaging activities every day. Now imagine all of this at a rate you or your loved one can afford. That's what makes The Blake's Assisted Living and Memory Care communities so special.

At The Blake, exceptional living isn't just for the wealthy. Discover what better senior living – for all – looks like.



### [NP By the Sea](#)

NP By The Sea LLC is Ormond Beach's boutique medical clinic founded in 2021 by Jordan Roberson MSN, APRN. Jordan is a certified nurse practitioner who has grown up in the area, so it holds a special place in her heart. She offers telehealth visits for \$25 treat primary care needs from 5am to 9pm 7 days a week, these are SAME DAY visits from the comfort of your home. This means avoid urgent care or waiting for your primary care to get an appointment! She also offers Medical Weight Loss Packages, IV Hydration, Testosterone Replacement Therapy, Men's Health, and will be adding Aesthetics in the next few months!

We are cash pay only and do not accept insurances. NP By The Sea LLC is located in Fountain Square Village on the second floor next to the barber.

Call or Text 386-487-8433 to book or for any questions!

*Pictona's Banner Sponsorships are the perfect solution for brand advertising to establish connections and build strong relationships with Pictona's members and the community over time. A sponsorship at Pictona establishes a connection with people interested in active, healthy living and valuing an excellent quality of life.*

*For more information on banner sponsorships, click [here](#).*



## SENIOR ACTIVITY CENTER

You can find the SAC Schedule on the Pictona Website.  
Click [here](#) to view next week's schedule of activities.

We have **two new classes** coming soon to the Senior Activity Center:

**Ballroom Dance** with Paul & Daniele Jepson, beginning  
5/3 @ 4 p.m. The cost is \$5.00 per person

**Tai Chi & Qigong** with Andrew Townsend beginning  
5/13 @ 9 a.m., The cost is \$6.00 per person.

Humana



## COMMUNITY GARDENS

We have a few open plots in the Humana Community Gardens at Pictona. If you're interested in renting a plot, contact Yvonne at [yvonnem@pictona.org](mailto:yvonnem@pictona.org). The cost is \$20 / season, and our Spring season lasts from now until the end of August.



## EVENTS

**OPEN TO THE PUBLIC!**

**Active Senior HEALTH Expo 2022**

**FREE!** Come Join Us On April 30, 2022  
9:00 am - 1:00 pm

**Demos will include:**  
10 AM - Pickleball 101  
11 AM - Croquet 101  
12 PM - Tai Chi Balance & Motion

Pictona's Restaurant, "The Kitchen" will be open for service during the event.

**Active Seniors: Know your numbers!**  
Check your height, weight & BMI at our FHCP personal health assessment area. Health coaches will be available to privately discuss your results or any questions you may have.

**Walk through Our Interactive Expo**  
and meet various FHCP Specialty Service Staff, as well as several community business partners who provide services and resources to seniors.

**PICTONA at HOLLY HILL**  
1060 Ridgewood Ave., Holly Hill • 386-310-7067  
For More Information Contact Mary Martinez • [mmartinez2@fhcp.com](mailto:mmartinez2@fhcp.com) • 386-676-7100 ext. 7293

Senior Health Join Florida Health Care Plans as they host a Health Expo at Pictona!  
**Saturday, April 30th** from 9 am - 1 pm  
**FREE!** and Open to the Public

Active seniors, know your numbers!  
Find out your BM, height, weight & BMI.  
Walk through the interactive expo, learn how to play pickleball, croquet and more!

For more information email Yvonne @ [yvonnem@pictona.org](mailto:yvonnem@pictona.org).



## Pro Tips to Stay in the Game at Pictona

Learn how to stay healthy and whole while enjoying the activities you love!

Register for this event at [StayInTheGamePictona.com](http://StayInTheGamePictona.com).

Friday, May 13 from 11 am – 1 pm



Register for this event at [StayInTheGamePictona.com](http://StayInTheGamePictona.com) or scan the QR code below.

Participants who complete the activity course and watch the video will be entered for a chance to win a new pickleball paddle!

### Stay healthy while enjoying the activities you love!

On **Friday, May 13** from 11 am – 1 pm [AdventHealth](http://AdventHealth) will be on-site with an interactive activity / fitness course, massages, sports injury evaluations and a sneak peek video premiere of our Feel Whole Wellness Series featuring Disney, NASCAR and more!

Register for this event [here!](#)

## INSTRUCTIONAL PROGRAMS

### Tuesday

- Noon: [PB 201](#) (Lu)
- 1 pm: [PB 101](#) (Dan)
- 1 pm: [Drill Extravaganza!](#) (Lu/Sinny)
- 3:30 pm: [PB 102](#) (Lu)

### • Thursday

- 5 pm: [PB 101](#) (Dan)

### • Friday

- 1 pm: [Speedball!](#) (Dave)

### • Saturday

- 1 pm: [PB 101](#) (Edward)



## VOLUNTEERS

### Congratulations to our May Volunteer of the Month - **Edward Juskelis!**

**Edward Juskelis** is a true treasure for Pictona. He was one of our first members to reach out to Pictona and the instructional program and offer his services. He volunteered to take our PB101 training class and assisted in this class for over a year. As our program became more popular, he stepped up to become a lead volunteer instructor.

When we requested someone who could offer this class on Saturday afternoons, Edward volunteered for that time slot. He now teaches this class (often with the help of **Leslie Gray**) every Saturday he is available. This has assisted us in providing our working folks access to PB101 on a weekend instead of weeknight. It has become a very popular option.

Edward has helped us in so many ways. This includes, all of our beginner classes, round robins, drill extravaganzas, and our rehab outreach. We barely have time to ask, "Could you help with...?" before he says yes.

Edward is passionate, knowledgeable, patient, and kind in his approach to instruction. He repeatedly tells us that he gets great joy and satisfaction from helping students fall in love with Pickleball.

If you see Edward around the facility, please let him know that you appreciate the time he devotes to helping make our instructional program at Pictona a success.





If you'd like to volunteer to join the Pictona Success Team of Volunteers, click [here](#) and explore the many opportunities to help us continue to make Pictona the best pickleball facility in the United States!



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**Our mailing address is:**

1060 Ridgewood Ave. Holly Hill, FL 32117

[Unsubscribe here](#)