



*Our newsletter for members and friends*

**February 28 - March 6**



**NEWS**



**NPR wrote this article confirming what we already knew :) "America's fastest-growing sport is pickleball."**

With 4.8 million people now playing — almost double the number from just five years ago, according to the Sports and Fitness Industry Association — some of the sport's devotees are capitalizing on pickleball's spike in popularity.

You can read the full article [here](#).



**Listen up!**

Stu Upson, CEO of USA Pickleball, gives an informative overview of pickleball across the country. **About 21:00 into the podcast, Stu gives Pictona a great shout out.**

You can access the full podcast [here](#).



### **Kitchen Manager**

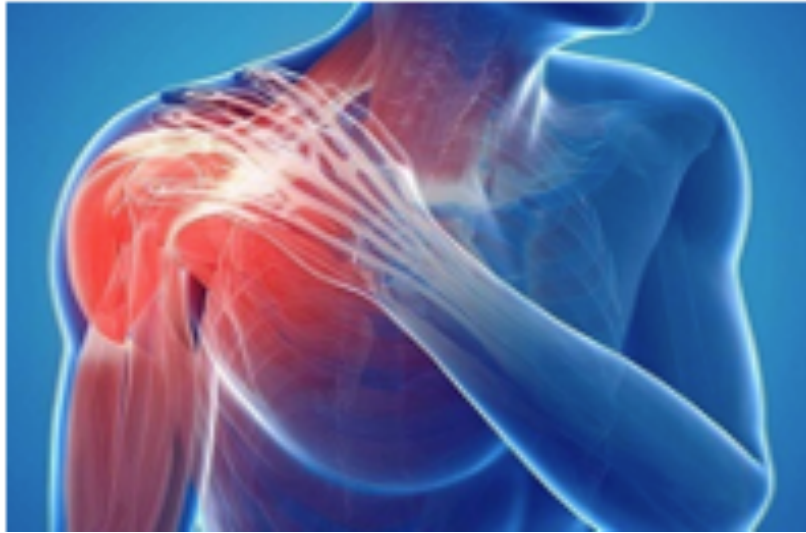
The Kitchen at Pictona is our on-site restaurant open to both our members and the general public. We're seeking a capable kitchen manager who enjoys the challenge of building a small team and a growing customer base. Experience and knowledge of all restaurant management functions is essential. Ideally you'll thrive in a fascinating and fun environment! View the full job description [here](#).

### **Maintenance / Custodial Specialist**

The Maintenance/Custodial Specialist (MCS) is responsible for the daily cleaning of the interior and exterior of Pictona as well as maintaining the building and the courts, including the Senior Activity Center. View the full job description [here](#).

### **Contact Angie!**

If you're interested in applying for either one of these positions, please send your resume to Pictona's General Manager, Angie Gustavson at [AngieG@pictona.org](mailto:AngieG@pictona.org).



## Rotator Cuff Issues

Rotator Cuff issues are common in sports/recreation and with everyday activities. When treating a rotator cuff injury, many factors can determine recovery time before receiving treatment including age and other medical conditions.

For more information about these injuries, including symptoms, causes, treatment and recovery, you can read Dr. Barr's article on our [website](#).

### [Barr and Associates Physical Therapy](#)

1425 Hand Avenue, Suite H  
Ormond Beach, FL 32174  
386-673-3535



**THE KITCHEN AT PICTONA**

### Next Week's Specials

- Our homemade wrap next week is a healthy choice! Lean ground turkey, fresh red bell pepper, shredded cheese, onion, and lettuce grown right here at Pictona. Served with your choice of side.
- Another healthy item next week is our grilled fish sandwich, topped with fresh tomato and melted pepper jack cheese. Sausage and Kale soup will make a hearty, healthy lunch.
- Did you know we harvest the lettuce, bok choy, kale, and other greens we use in The Kitchen right here in our very own Humana Community Gardens? It doesn't get any fresher than that!
- Fresh baked cookies, banana bread and other homemade goodies are always on the menu at the Kitchen at Pictona.



# TOURNAMENTS



## **The Florida Cup - March 26-27**

**Pictona members, this is your chance! Grab 6 of your pals (3 Men & 3 Women) and form a team. The entry fee is only \$15 for members, \$90 for your entire team of 6.**

This is the state championship for team pickleball! Three men and three women comprise a team playing women's doubles, men's doubles, and mixed doubles matches against other teams in a round-robin format.

*To make it convenient, you may register for the Florida Cup with our Welcome Desk by calling (386) 310.7067.*

*We will pass along your registration to the event organizers.*

Find more information, including registration [here](#).



## APRIL FOOL'S PARTY

SPONSORED BY:



We're hosting an April Fool's Party free to all tournament participants. Expect some spoofing and buffoonery, maybe a little joshing and jesting, all in the spirit of good fun.

**SELKIRK AMERICA'S PICKLEBALL CHALLENGE**  
 Register at [PickleballTournaments.com](http://PickleballTournaments.com)  
 or scan the QR Code

REGISTER NOW!  
 March 31 - April 3



Food, Drink, Music & Door Prizes Provided!

## Selkirk America's Pickleball Challenge - March 31 - April 3

- We currently have over 325 players signed up!
- This is our premier spring tournament. It's also a round-robin format organized by age and skill levels. Join the April Fools Party Friday, April 1st, as part of the festivities for this tournament.
- Register [here](#).
- Selkirk America's Pickleball Challenge is sponsored by [Selkirk](#), [S.R. Perrott, Inc.](#) and [Tijuana Flats](#)

Super Seniors Tournament sponsored by:



## Super Seniors Tournament - May 6-8

Our second annual Super Seniors Tournament sponsored by [Solar-Fit](#) and [Daytona Dodge](#) will be May 6, 7, and 8. Ages are 60, 65, 70, and 75+ with 3.0 to 4.5 skill levels playing men's, women's, and mixed doubles.

[Registration](#) is now open!



## PLAYER SHOP

### The Great Pictona Shirt SALE!

Beginning on Monday (February 28th) look for the special rack of Pictona shirts that are on sale for a limited time! There are a variety of styles and sizes of men's and women's shirts including shirts from last October's Pictona Open.



### Fila Shoe Day at Pictona

We're pleased to begin carrying Fila pickleball shoes in the Player Shop next month! And to kick things off we have Don Lang, a Fila representative, coming to Pictona on Saturday, **March 19th from 9 am – 3 pm** to present the popular Fila Volley Zone line of men's and women's shoes. Mark the date on your calendar and plan on stopping by and trying on a pair of these super comfortable and good looking shoes.

*(Sorry, no guarantee that the shoes will improve your pickleball game...but your feet will like them!)*

We'll even have some Fila door prizes !



# JUNIORS



# Brown & Brown



## Modern Minds Center at Pictona

- **Mary Burns** and **Chuck Mecklem** have been teaching pickleball skills to students from [Modern Minds Learning Center](#). Each Tuesday students ranging in age 9-12 come to Pictona to learn how to play pickleball.
- Earlier this month, a group of volunteers visited Mainland High School and Seabreeze High school and introduced pickleball to the students. We taped off 4-5 temporary courts in the gym and taught during their physical education classes. Over the course of seven 50-minute classes we saw over 200 students!
- We would like to thank these enthusiastic volunteers: **Chuck Mecklem, Mary Burns, Dan Hopkins, Andy Melville, Bonnie Melville, and Gary Meredith**. Thank you, one and all!
- A special thank you to [Brown & Brown](#) for their support of our Junior Pickleball program.



## PICKLEBALL PLAY

### League Play begins March 23rd

Grab 6 to 8 of your pickleball friends and form a team for Pictona's Pickleball League beginning play March 23rd!

Pictona's Pickleball League will be played over a 10-week season. Two divisions will be offered, a 4.0 Division and a 3.5 Division.

Find league details and registration information [here](#).



### Spring 2022 Scrambles

- [Spring 2022 Scrambles](#) are open for sign up!
- A Scramble is an organized style of play that allows participants to move up or down a "ladder" based on whether their team wins or loses.
- Register by calling the Welcome Desk at 386-310-7067 or go online [here](#).

**You can find the Weekly Court Schedule on the Pictona Website.** Click [here](#) to view next week's court schedule.





## EVENTS



### St. Patrick's Trivia Night!

Join us for our 2nd Trivia night! Bring your Irish Luck, have an Irish Beer, and play some Irish Trivia :)!

**When:** Wednesday, March 16

**Where:** The Kitchen at Pictona

**Time:** 6 - 7:30 pm

**Cost:** \$10 per person



### Cruise-In BBQ at Pictona

Join us Friday March 18th As we host the Cruise-In BBQ at Pictona. Come and see a great display of antique cars and trucks from across multiple decades. Enjoy the live music and watch some fun pickleball being played on the courts at Pictona.

Interested in bringing your antique car or truck? Contact Assistant and Events Manager Sarah Lockett at [sarahl@pictona.org](mailto:sarahl@pictona.org) to complete your registration. Space is limited so register your vehicle(s) today!



## SENIOR ACTIVITY CENTER

You can find the SAC Schedule on the Pictona Website.

Click [here](#) to view next week's schedule of activities.

Humana



## COMMUNITY GARDENS

- A new season begins in the Humana Community Gardens at Pictona on **March 1st!** We anticipate having a few open plots. If you're interested in joining our Waiting List for a Spring plot, contact Rynn at [rynnq@pictona.org](mailto:rynnq@pictona.org).



# INSTRUCTIONAL PROGRAMS

## • **Monday**

- 1 pm: "Not Ready for Prime Time" [Round Robin](#) (Lu / Sinny)
- 3 pm: [The Three D's](#) (Lu / Sinny)
- 3:30 pm: [Pickleball Made Easy](#) (Sylvia)- FULL
- 4 pm: [PB 101](#)

## • **Tuesday**

- 1 pm: [PB 101](#) (Lu) - FULL
- 3:30 pm: [PB 301](#) (Sylvia) - FULL

## • **Wednesday**

- 1 pm: [PB 401](#) (Dave)
- 2 pm: [Speedball!](#) (Dave)
- 3:30 pm: [PB 302](#) (Sylvia)

## • **Thursday**

- 3:30 pm: [Learn While You Play](#) (Lu/Sinny)
- 5 pm: [PB 101](#) (Dan)

## • **Friday**

- 1 pm: [Trouble Shots](#) (Dave)

## • **Upcoming Classes**

- **Pickleball Made Easy** - March 7 - 3:30 pm
- **PB 101** March 8 - 1:00 pm (Lu/Sinny)
  - March 10 - 5:00 pm (Dan)
- **"Not Ready for Prime Time" Round Robin** - March 10 - 1:30 pm (Lu/Sinny)
- **Speedball** - March 11 - 1 pm (Dave)



# VOLUNTEERS

## Volunteer of the Month - Dan Hopkins

Dan and his wife Lisa have been ardent supports of Pictona. They put up the Friends of Pictona paddle recognition on the side wall of the Palace. In addition, Dan volunteers as an instructor for PB101 and a number of other classes.

As a gesture of our gratitude, Dan, you & Lisa have been granted access to the Volunteer of the Month parking spot for March. Your continued volunteering is having a positive impact on our members and guests!

If you'd like to be considered for the Volunteer of the Month, view the guidelines for being nominated [here](#).



**Congratulations  
Dan!**

If you'd like to volunteer to join the Pictona Success Team of Volunteers, click [here](#) and explore the many opportunities to help us continue to make Pictona the best pickleball facility in the United States!